



NATURE'S SUNSHINE

Liquid Chlorophyll ES

GOOD FOR

Digestive System

Immune System

Cardiovascular system

SIZE **2 bottles (16 oz each)**

ITEM # **K95055**

SERVING **15 mL**

SUPPLY **60 days**

DIRECTIONS FOR USE Take 1 tablespoon (15 mL) in an 8 oz. glass of cold water daily. Refrigerate after opening.

— How the Key Ingredients Work

Liquid Chlorophyll ES combines the refreshing power of plant-based chlorophyll with soothing spearmint leaf to support your body from the inside out. Together these two natural ingredients work gently to help you feel cleaner, calmer, and more balanced every day.

Chlorophyll — Often called the lifeblood of plants, chlorophyll is what gives green vegetables their rich color — and it brings that same vitality to your body. It acts as a natural free-radical fighter, helping your cells defend themselves against everyday oxidative stress so you feel your best from the inside out.

Chlorophyll – Skin Clarity — Chlorophyll has been studied in small human trials for its role in supporting clearer-looking skin. Topical and supplemental forms have both been explored for reducing the appearance of blemishes, making it a popular choice for anyone who wants their skin to reflect the clean, green lifestyle they're living.

Chlorophyll – Appetite & Satiety — The chlorophyll-containing structures found in green leaves have been studied in multiple human clinical trials for their effect on hunger and fullness. Research suggests they may help you feel more satisfied after meals, which can make it easier to stick to balanced, mindful eating habits throughout the day.

Chlorophyll – Blood Sugar Balance — Chlorophyll and the plant structures that carry it have shown promising effects on blood sugar levels after meals in human studies. By helping to smooth out the peaks and dips that can follow a carbohydrate-rich meal, chlorophyll supports the kind of steady, even energy that keeps you feeling good all day long.

Chlorophyll – Antioxidant Defense — The same ring-shaped structure that lets chlorophyll capture sunlight also makes it a powerful scavenger of harmful free radicals in the body. This antioxidant activity is one of the most well-documented properties of chlorophyll and its derivatives, and it underpins many of the other wellness benefits the ingredient is known for.

Spearmint Leaf — Spearmint — the same bright, familiar herb you know from teas and garden patches — brings far more than a pleasant flavor to this formula. Rich in natural plant compounds like rosmarinic acid and beneficial flavonoids, spearmint leaf has a long history of traditional use for digestive comfort, skin health, and overall well-being.

Spearmint Leaf – Digestive Comfort — Spearmint has been used for centuries across many cultures — from traditional Iranian and Moroccan herbalism to Greco-Roman folk medicine — to ease abdominal discomfort and cramping. Its natural compounds have been shown to help relax the smooth muscles of the digestive tract, which is why a cup of mint tea has always felt so soothing after a big meal.

Spearmint Leaf – Antioxidant Support — Spearmint leaf is naturally loaded with rosmarinic acid, quercetin, luteolin, and other plant-based antioxidants that have been validated in multiple scientific assays. These compounds help your body neutralize the oxidative stress that builds up from everyday life — pollution, processed food, and general wear and tear — keeping your cells healthier for longer.

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