



NATURE'S SUNSHINE

Candida Clear

GOOD FOR

Digestive System

Colon (Large Intestine)

Small Intestine

SIZE **14 Day Program**

ITEM # **958**

SERVING **1 packet**

SUPPLY **14 days**

DIRECTIONS FOR USE Take contents of one Combo Packet three times daily with meals. Take contents of one Enzyme Packet three times daily on an empty stomach.

— How the Key Ingredients Work

Candida Clear brings together time-honored herbs, targeted nutrients, and digestive enzymes that work together to support a healthy microbial balance in the gut and throughout the body. Each ingredient was chosen for its specific role — whether that's discouraging unwanted yeast overgrowth, strengthening your natural defenses, or helping your digestive system run more smoothly.

Oregano — Oregano has been studied for its naturally occurring compounds carvacrol and thymol, which laboratory research shows can disrupt the outer membrane of Candida cells — including strains that have proven difficult to address otherwise. It's one of the most potent antifungal herbs in the formula and brings strong antioxidant support along with it.

Caprylic Acid — Derived from coconut and goat's milk, caprylic acid is a medium-chain fatty acid with a long history of use in yeast-balance protocols. Research shows it works directly against Candida in the gut environment, and it's one of the most well-recognized natural ingredients for supporting a healthy microbial balance in the digestive tract.

Pau d'Arco — The inner bark of this South American tree has been used for centuries by indigenous peoples to address fungal and yeast concerns. Its active compounds, lapachol and beta-lapachone, have shown antifungal activity against Candida albicans and related species in laboratory studies, making it a cornerstone of traditional cleanse formulas worldwide.

Black Walnut — Black walnut hull contains juglone, a naturally occurring compound that laboratory studies show can inhibit Candida growth and disrupt the sticky biofilms Candida forms to protect itself — including strains resistant to conventional antifungal agents. It also brings a rich supply of polyphenols that support the body's antioxidant defenses.

Elecampane — This root herb contains a compound called alantolactone that has shown antifungal activity against Candida in published laboratory research, including the ability to break down Candida biofilms and interfere with the yeast's cell membrane. Elecampane root is also rich in inulin, a prebiotic fiber that helps nourish beneficial gut bacteria.

Hemicellulase — Hemicellulase is an enzyme with a unique role in this formula: it can break down the beta-glucan polysaccharides that make up the Candida cell wall, essentially dismantling the yeast's protective outer layer. This activity also helps disrupt Candida biofilms and may make the yeast more visible to the body's own immune surveillance.

Garlic Bulb — Garlic is one of the most researched natural antifungals available. Its active compound allicin and related sulfur compounds have demonstrated antifungal activity against Candida and other fungi in both laboratory and clinical settings. Garlic also supports the body's antioxidant systems and has been shown in human trials to benefit overall immune and cardiovascular wellness.

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