



NATURE'S SUNSHINE

HSN-W

GOOD FOR

Hair, Skin & Nails (Integumentary)

Connective Tissue

Musculoskeletal System

SIZE **100 Capsules**

ITEM # **945**

SERVING **3**

SUPPLY **16 days**

DIRECTIONS FOR USE Take 3 capsules with a meal twice daily.

— How the Key Ingredients Work

HSN-W brings together a thoughtfully chosen blend of herbs and botanicals that work together to feed your body the building blocks it needs for healthy hair, glowing skin, and strong nails. Each ingredient plays its own supporting role, helping your body look and feel its best every day.

Horsetail — One of nature's richest plant sources of silica, horsetail helps your body build and maintain collagen — the protein that keeps skin firm, nails strong, and hair resilient. It also brings natural antioxidants that help protect your cells from everyday wear and tear, and has a long tradition in European herbal care for supporting connective tissue health.

Kelp — This ocean-grown algae is packed with natural vitamins, minerals, and protective plant compounds that help defend your cells against oxidative stress. Kelp also contains soluble fiber that supports healthy digestion and appetite balance, and research shows it may help support healthy blood pressure as part of a balanced lifestyle.

Rosemary — Far more than a kitchen herb, rosemary is loaded with natural antioxidants that help protect the body from the kind of cellular damage that can dull skin and weaken hair over time. Human studies also suggest it may support a calmer mood and help ease feelings of anxiety, making it a wonderful all-around wellness herb.

Sage — Sage has been trusted in traditional European herbal medicine for centuries, and modern research backs up its reputation. Clinical trials show it helps support healthy blood sugar levels, promotes a calmer mood under stress, and even helps manage excessive sweating — which means it supports both how you feel and how you smell, naturally.

 (888) 510-7196
 service@caringsunshine.com

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