



NATURE'S SUNSHINE

SugarReg

Kosher

Non-GMO

GOOD FOR

Endocrine System

Pancreas

Liver

SIZE **60 Capsules**

ITEM # **927**

SERVING **1**

SUPPLY **20 days**

DIRECTIONS FOR USE Take 1 capsule with a meal three times daily.

— How the Key Ingredients Work

SugarReg brings together six time-tested botanicals and minerals, each chosen because research shows they help the body handle sugar more comfortably, curb cravings, and support the systems that keep energy and appetite on an even keel. Together they form a well-rounded daily formula designed to work with your body, not against it.

Chromium — Chromium is a trace mineral your body needs to help insulin do its job properly. Studies show it can help lower fasting blood sugar, support healthier blood sugar levels over time, and even take the edge off carbohydrate cravings — especially helpful if you find yourself reaching for sweets or starchy snacks more than you'd like.

Cinnamon — This familiar kitchen spice does a lot more than flavor your oatmeal. Research shows cinnamon can help support healthy blood sugar levels and may contribute to modest reductions in blood pressure. It's also packed with natural antioxidants that help protect the body from everyday oxidative stress, making it a hardworking addition to this formula.

Gymnema Sylvestre — Known in Hindi as 'Gurmar' — literally 'sugar destroyer' — Gymnema has been used in traditional wellness practices for centuries. Its active compounds can temporarily quiet sweet taste receptors, which research shows may reduce cravings for sugary foods and help lower overall sugar intake. It also supports healthy blood sugar and provides antioxidant benefits.

Fenugreek — Fenugreek seeds are rich in a special soluble fiber that slows the way sugar enters your bloodstream after a meal, helping to keep levels steadier throughout the day. Beyond blood sugar, fenugreek has been studied for its antioxidant properties and its traditional role in supporting digestive comfort, making it a versatile and well-researched herb.

Nopal — Nopal — the paddle-shaped pad of the prickly pear cactus — has long been a staple in traditional Mexican wellness. Its combination of soluble and insoluble fiber helps slow digestion and promote a feeling of fullness, which can naturally support appetite control. Human studies also show nopal can help support healthy blood pressure and boost the body's antioxidant defenses.

Banaba — Banaba leaf has been used as a natural blood sugar remedy in the Philippines for hundreds of years, and modern science backs up that tradition. Human trials show it can support meaningful reductions in blood glucose levels. Banaba also provides antioxidant compounds and has been studied for its potential to support healthy blood pressure, particularly in people managing metabolic wellness.

Vanadium — Vanadium is a trace mineral that acts somewhat like a stand-in for insulin, helping the body manage blood sugar more effectively. Short-term human clinical trials show it can help reduce fasting blood glucose in people with blood sugar concerns. Research also suggests vanadium may support healthier cholesterol levels, adding an extra layer of cardiovascular wellness support to this formula.

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