



NATURE'S SUNSHINE

Joint Support

GOOD FOR

Joints

Musculoskeletal System

Connective Tissue

SIZE **100 Capsules**

ITEM # **810**

SERVING **2**

SUPPLY **16 days**

DIRECTIONS FOR USE Take 2 capsules with a meal three times daily.

— How the Key Ingredients Work

Joint Support brings together a carefully chosen blend of herbs and botanicals that have been used for centuries to help keep joints comfortable, connective tissue strong, and the whole body feeling its best. Each ingredient plays its own role — from soothing everyday stiffness to helping your body maintain the building blocks it needs for flexible, resilient joints.

White Willow Bark — Known as nature's original comfort herb, white willow bark has been used since ancient times to ease aches and support comfortable movement. Its natural compounds have been studied in clinical trials for joint discomfort and back pain, and it also provides antioxidant support to help protect tissues from everyday wear and tear.

Yucca — Yucca has some of the strongest human research in this formula for joint health. A double-blind, placebo-controlled trial found that yucca saponin tablets helped reduce pain, swelling, and stiffness in people with both osteoarthritis and rheumatoid arthritis. It also delivers natural antioxidants, including resveratrol, to help protect cells.

Bromelain — Derived from pineapple, bromelain is a natural enzyme that supports the body's normal response to inflammation and helps ease joint discomfort. Research, including systematic reviews on arthritis, confirms its antioxidant and anti-inflammatory activity, making it a well-studied companion ingredient for anyone focused on joint comfort and mobility.

Horsetail — Horsetail is one of the richest plant sources of silica — a mineral your body uses to build and maintain collagen in cartilage, tendons, and connective tissue. A clinical trial found it supported bone density in postmenopausal women, and a double-blind study confirmed benefits for connective tissue health. It also provides natural antioxidant flavonoids.

Burdock Root — Burdock root has real human clinical evidence behind it. A six-week trial in knee osteoarthritis patients found that daily burdock root tea significantly reduced key inflammatory markers and improved antioxidant status. It is a gentle, nourishing root with a long history of use for joint and overall wellness support in both Eastern and Western herbal traditions.

Sarsaparilla — Sarsaparilla has been used across the Americas, Mexico, and Asia for centuries to support joint comfort and ease feelings of stiffness. Modern research confirms anti-inflammatory activity in animal models of arthritis, and its natural flavonoids have demonstrated antioxidant properties in multiple published studies, making it a time-honored addition to any joint-focused formula.

Celery Seed — Celery seed has a long history in traditional medicine as a support for joints and healthy fluid balance. Its natural compounds help the body maintain comfortable circulation and a healthy inflammatory response. Clinical trials have also confirmed blood pressure benefits, and its antioxidant compounds — including apigenin and luteolin — help protect tissues throughout the body.

 (888) 510-7196  service@caringsunshine.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

BUY THIS QUICKLY
Scan to shop this product

