



NATURE'S SUNSHINE

Uva Ursi

GOOD FOR

Urinary System

Bladder

Kidneys

SIZE **100 Capsules**

ITEM # **710**

SERVING **1**

SUPPLY **50 days**

DIRECTIONS FOR USE Take 1 capsule with a meal twice daily.

— How the Key Ingredients Work

Uva Ursi brings together the time-honored power of bearberry — a plant trusted for centuries in both Native American and European herbal traditions — to help keep your urinary tract feeling clean, comfortable, and balanced. It works gently with your body's own systems to support a healthy bladder environment and promote overall urinary wellness.

Bearberry (Uva Ursi) Leaf — The star of this formula, bearberry leaf has been used for hundreds of years as a natural urinary tonic. It contains a naturally occurring compound called arbutin that, once it reaches the urinary tract, helps create an environment that is less friendly to unwanted bacteria — supporting a cleaner, healthier bladder and urinary system.

Bearberry — Bladder Support — Traditional herbalists and modern researchers alike have recognized bearberry's role in bladder comfort. A double-blind clinical study found that women who used bearberry leaf experienced significantly better outcomes for urinary tract health compared to those who did not, pointing to real, measurable support for bladder wellness.

Bearberry — Kidney Tonic — Long before modern supplements, Native American and European healers turned to bearberry as a kidney tonic — a gentle way to help the kidneys do their job of filtering and cleansing. Bearberry leaf extracts are recognized by respected European health authorities, including Germany's Commission E, for their traditional role in supporting urinary and kidney health.

Bearberry — Urinary Antiseptic Action — What makes bearberry so well-regarded for urinary health is the way its natural compounds work once inside the body. Arbutin is converted in the urine into a form that helps discourage the growth of harmful bacteria, acting like a natural housekeeping agent for the urinary tract — keeping things clean from the inside out.

Bearberry — Urinary Flora Balance — A healthy urinary tract depends on the right balance of microorganisms. Bearberry has been used for generations in both European and North American folk medicine specifically to help maintain that balance, discouraging the kinds of bacteria that can cause discomfort while supporting the body's natural defenses in the urinary system.

Bearberry — European Herbal Recognition — The European Medicines Agency (EMA) and Germany's Commission E — two of the most respected herbal medicine authorities in the world — both recognize bearberry leaf for its traditional use in supporting mild urinary tract concerns. This kind of official recognition reflects centuries of consistent, trusted use across many cultures.

Bearberry — Kidney Cleanse Support — Bearberry has a long history as a cleansing herb for the kidneys and urinary passages. Its natural antiseptic properties help support the body's own process of flushing out the urinary system, making it a go-to herb in traditional wellness practices focused on keeping the kidneys and bladder feeling their best.

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