



NATURE'S SUNSHINE

Slippery Elm

Non-GMO

GOOD FOR

Digestive System

Stomach

Small Intestine

SIZE **100 Capsules**

ITEM # **670**

SERVING **2**

SUPPLY **25 days**

DIRECTIONS FOR USE Take 2 capsules with a meal twice daily.

— How the Key Ingredients Work

Slippery Elm Bark has been trusted for generations to help soothe and coat the digestive tract, easing everyday discomfort and supporting a healthy gut environment. Its naturally slippery, mucilage-rich inner bark works gently to calm, protect, and nourish from the inside out.

Slippery Elm Bark – Soothing the Digestive Tract — When slippery elm bark mixes with water, it forms a smooth, gel-like coating that gently lines the throat and digestive tract. This natural slipperiness helps calm irritation and discomfort along the way, making it one of the most trusted herbal allies for everyday digestive wellness.

Slippery Elm Bark – Easing Abdominal Discomfort — Research involving slippery elm-containing formulas has shown meaningful reductions in abdominal pain and bloating. People dealing with everyday digestive upset, cramping, or that uncomfortable full feeling may find real relief with regular use, making daily life a little more comfortable and manageable.

Slippery Elm Bark – Supporting Gut Microbiome Health — The natural fibers found in slippery elm bark — including a type called arabinogalactan — act as a prebiotic, meaning they help feed the friendly bacteria in your gut like Lactobacillus and Bifidobacterium. A thriving community of good bacteria is the foundation of a healthy, balanced digestive system.

Slippery Elm Bark – Natural Antioxidant Support — Slippery elm bark is naturally rich in polyphenols, tannins, and flavonoids — plant compounds that have been shown in laboratory studies to help neutralize harmful free radicals. This built-in antioxidant activity adds an extra layer of everyday protection for the cells lining your digestive tract.

Slippery Elm Bark – Calming Everyday Inflammation — Laboratory studies using tissue from people with digestive conditions have found that slippery elm extract shows meaningful anti-inflammatory activity. The tannins and polyphenols in the inner bark appear to work together to help quiet the kind of everyday irritation that can make your gut feel out of balance.

Slippery Elm Bark – Traditional Throat and Digestive Comfort — Long before modern supplements, Native American communities and early settlers relied on slippery elm bark to soothe sore throats and calm upset stomachs. That same gentle, coating action that made it a go-to remedy for generations is still the reason so many people reach for it today.

Slippery Elm Bark – A Gentle, Natural Fiber Source — The inner bark of the slippery elm tree is naturally high in soluble fiber, which helps support healthy, comfortable digestion. This type of fiber moves gently through the digestive system, helping to keep things running smoothly without the harshness that some other digestive aids can cause.

Slippery Elm Bark – Supporting the Gut Lining — The mucilage in slippery elm bark forms a protective, soothing layer along the walls of the digestive tract. This gentle barrier helps shield sensitive tissue from everyday irritants, supporting the overall integrity and comfort of your gut lining with every dose.

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