



NATURE'S SUNSHINE

Stixated

GOOD FOR

Endocrine System

Digestive System

Pancreas

SIZE **30 packets**

ITEM # **6540**

SERVING **1**

SUPPLY **30 days**

DIRECTIONS FOR USE Mix the contents of one Stixated packet into 14-16 oz. of cold water once daily.

— How the Key Ingredients Work

Stixated brings together a carefully chosen blend of natural ingredients — each one playing its own role in helping your body manage weight, balance blood sugar, and feel its best day after day. Think of it as a full-team approach to healthy living, where every player on the roster has a job to do.

Garcinia — Derived from the rind of a small tropical fruit, Garcinia has been used for centuries in traditional cooking and wellness. Its key compound may help your body produce less fat from the foods you eat, and some research suggests it can help take the edge off hunger — a welcome partner when you're working toward a healthy weight.

Chromium — This trace mineral is a quiet workhorse when it comes to keeping blood sugar on an even keel. Chromium helps your body respond to insulin more effectively, which means the energy from your food gets used more efficiently. Studies also show it can help dial back carbohydrate cravings, making it easier to stick to your goals.

FOS (Fructooligosaccharides) — FOS are natural plant fibers that your digestive system can't fully break down — and that's actually the point. They travel to your gut where they feed the friendly bacteria already living there. Research shows FOS can help support healthy blood sugar levels, improve how well your body absorbs calcium, and encourage the release of hormones that tell your brain you're full.

Isomalto-Oligosaccharide — Another gentle prebiotic fiber, IMO adds bulk and feeds your gut's good bacteria without spiking your blood sugar the way regular sugar does. Clinical studies show it can support healthy cholesterol levels and help you feel satisfied after eating. It's also well-tolerated, making it a smart fiber choice for everyday use.

Calcium — Calcium is the most abundant mineral in your body, and your bones and teeth hold onto more than 99% of it. Getting enough calcium every day is essential for keeping bones strong and dense throughout life — from childhood all the way through your senior years. It also plays a role in muscle function and keeping your nerves communicating properly.

Grape — Grapes are packed with natural plant compounds — including proanthocyanidins and resveratrol — that act as powerful antioxidants in the body. Multiple clinical studies show that grape-derived extracts can help support healthy blood pressure, protect the lining of blood vessels, and defend your cells against everyday oxidative stress. It's heart-friendly support straight from the vine.

Stevia — Stevia is a natural sweetener from a South American herb that has been used for generations. Beyond adding a clean, pleasant sweetness to the formula without extra calories or sugar, stevia has been studied for its ability to support healthy blood pressure and act as an antioxidant. Some research even suggests it may help reduce overall calorie intake over time.

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