



NATURE'S SUNSHINE

Safflowers

GOOD FOR

Gallbladder

Liver

Digestive System

SIZE **100 Capsules**ITEM # **600**SERVING **1**SUPPLY **50 days**

DIRECTIONS FOR USE Take 1 capsule with a meal twice daily.

— How the Key Ingredients Work

Safflower has been treasured across cultures for centuries — and modern research is now catching up with what traditional healers long understood. This remarkable flowering plant brings together a rich collection of natural compounds that work together to support your heart, joints, circulation, and everyday resilience.

Safflower & Antioxidant Defense — Every day your body faces oxidative stress from pollution, processed foods, and the normal wear of living. Safflower is naturally rich in flavonoids — plant compounds that help neutralize harmful free radicals before they can do damage. Research shows safflower flower extract helps the body ramp up its own internal defenses, supporting the natural systems that keep your cells protected and your energy steady.

Safflower & Arterial Health — Healthy, flexible arteries are the foundation of good circulation — and safflower has been studied specifically for this. A human clinical study found that the natural polyphenols in safflower seed extract were associated with improvements in arterial stiffness. These same compounds also help protect LDL cholesterol from oxidation, a key step in keeping your cardiovascular system running smoothly day after day.

Safflower & Joint Comfort — Safflower has a long history in Indian traditional medicine as a go-to botanical for joint health. Its active plant compounds have been shown in preclinical research to help calm joint inflammation and ease discomfort. Whether you're staying active, recovering from a busy week, or simply want to keep your joints feeling their best as you age, safflower offers time-tested, research-backed support.

Safflower & Healthy Circulation — Traditional Chinese Medicine has relied on safflower for centuries to support healthy blood flow, and science is beginning to explain why. Safflower extracts have demonstrated the ability to support normal platelet activity and healthy blood fluidity in laboratory and animal studies. This means safflower may help your circulatory system stay balanced and flowing freely — a cornerstone of whole-body wellness.

Safflower's Rich Flavonoid Profile — What makes safflower so versatile is its impressive lineup of naturally occurring plant flavonoids, including quercetin and kaempferol — two of the most well-researched antioxidant compounds found in nature. These flavonoids work broadly across body systems, lending safflower its wide range of traditional uses and making it a genuinely multi-purpose botanical worth adding to your daily wellness routine.

Safflower's Traditional Roots — Safflower is no newcomer to natural health. Native to the Middle East and cultivated for thousands of years across Europe, China, India, and the United States, its tubular flowers have been used as a medicinal material across countless healing traditions. That depth of historical use — spanning continents and centuries — speaks to how deeply this plant has been trusted to support human health and vitality.

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