



NATURE'S SUNSHINE

Immune System

GOOD FOR

Immune System

Respiratory System

Lymphatic System

SIZE **60 packets**

ITEM # **5385**

SERVING **1**

SUPPLY **30 days**

DIRECTIONS FOR USE Take the contents of one AM packet with breakfast; take the contents of one PM packet with your evening meal. Follow this pattern for 30 days.

— How the Key Ingredients Work

This carefully crafted formula brings together time-honored herbs, nourishing mushrooms, and well-researched nutrients that each play a role in keeping your immune system ready and resilient. Together they support your body's natural defenses, help maintain a healthy inflammatory response, and promote overall vitality from the inside out.

Echinacea Purpurea — One of the most studied herbs for immune support, purple coneflower has been shown in multiple clinical trials to help reduce how often people catch colds and how long those colds last. It helps your immune system respond quickly when it needs to, and its natural compounds also act as antioxidants that protect your cells.

Elderberry — Rich in deep-purple pigments called anthocyanins, elderberry is one of nature's most potent antioxidant fruits. Clinical research shows it may help shorten the duration and ease the severity of cold and flu-like symptoms. It has been used in European folk medicine for centuries and remains one of the best-researched botanicals for respiratory wellness.

Beta-Glucan — Sourced from the cell walls of oats and mushrooms, beta-glucan is a natural fiber that helps train and balance your immune system. Studies show it can help shift the body away from an overactive allergic response and support healthy immune cell activity. It also acts as a gentle antioxidant, helping protect cells from everyday stress.

Vitamin D — Often called the sunshine vitamin, vitamin D plays a central role in keeping your immune system balanced and ready. Research shows that people who are low in vitamin D tend to have a harder time fighting off illness. It helps regulate the way immune cells respond and supports a healthy inflammatory balance throughout the body.

Colostrum — Known as 'first milk,' bovine colostrum is packed with natural antibodies, growth factors, and protective proteins that support both gut health and immune function. Clinical studies show it helps maintain the integrity of the gut lining — a key front line of immune defense — and supports the body's ability to regulate its own immune responses.

Reishi Mushroom — Revered for centuries in East Asian traditions as the 'mushroom of immortality,' reishi contains unique compounds that help balance immune activity rather than simply stimulating it. Research suggests it supports healthy immune cell function, helps the body manage stress, and provides antioxidant protection. It has also been studied for its calming effects on the respiratory system.

Maitake Mushroom — Called the 'king of mushrooms' in Japan, maitake contains a special type of beta-glucan known as D-fraction that has been shown in clinical research to activate key immune cells including natural killer cells, macrophages, and T-cells. It is also one of the richest mushroom sources of antioxidant polyphenols, helping protect the body from oxidative stress.

 (888) 510-7196  service@caringsunshine.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

BUY THIS QUICKLY
Scan to shop this product

