



NATURE'S SUNSHINE

Yeast/Fungal Detox

GOOD FOR

Immune System

Digestive System

Urinary System

SIZE **90 Capsules**

ITEM # **508**

SERVING **1**

SUPPLY **30 days**

DIRECTIONS FOR USE Take 1 capsule three times daily with a meal. Do not exceed recommended dose.

— How the Key Ingredients Work

Yeast/Fungal Detox brings together time-honored herbs and targeted nutrients that work together to help keep yeast and fungal overgrowth in check while supporting your immune defenses and overall wellness. Each ingredient was chosen for its specific role in helping the body maintain a healthy internal environment.

Pau d'Arco — Harvested from the inner bark of a South American rainforest tree, pau d'arco has been used for centuries by indigenous peoples to address yeast and fungal concerns. Laboratory studies show its natural compounds are active against *Candida albicans* and related fungi, making it a cornerstone of this formula.

Oregano — Oregano is far more than a kitchen spice — its natural active compounds have shown impressive antifungal activity against *Candida albicans* in lab studies, including strains that resist common antifungal agents. It also brings powerful antioxidant properties and has been studied for supporting a balanced oral environment.

Caprylic Acid — Derived from coconut and other natural sources, caprylic acid is a medium-chain fatty acid long recognized for its role in yeast and fungal balance. It works directly in the gut environment and is a go-to ingredient in natural candida-support formulas, helping to maintain a healthier digestive terrain.

Garlic Bulb — Garlic has earned its reputation as one of nature's most versatile defenders. Its natural sulfur compounds have demonstrated antifungal activity against the organisms responsible for conditions like athlete's foot, and clinical studies back up garlic's role in supporting antioxidant defenses and overall immune resilience throughout the body.

Zinc — Zinc is an essential mineral that your body relies on for a well-functioning immune system. It helps maintain the body's natural defenses, supports healthy skin — which is often the first line of protection against fungal concerns — and plays a role in keeping inflammation in check. Most people don't get enough zinc from diet alone.

Selenium — Selenium is a trace mineral that helps the body build its own internal antioxidant network. It supports healthy immune function and helps the body manage oxidative stress. Research also shows selenium plays an important role in supporting balanced immune responses, which matters when the body is working to keep yeast in check.

Echinacea Purpurea — Best known for its immune-boosting reputation, echinacea purpurea has been studied in dozens of clinical trials for its ability to support the body's natural defenses. It also brings antioxidant activity to the formula and has shown activity in lab studies against the bacteria linked to skin breakouts — a common concern alongside yeast imbalance.

Propionic Acid — Propionic acid is a naturally occurring short-chain fatty acid found in fermented foods and produced in the gut. Research shows it helps support a balanced gut environment by influencing the gut's immune signaling. It has also been studied for its role in supporting healthy cholesterol levels and helping the body feel satisfied after meals.

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