



NATURE'S SUNSHINE

Pau D'Arco

GOOD FOR

Immune System

Cardiovascular system

Blood

SIZE **100 Capsules**

ITEM # **504**

SERVING **2**

SUPPLY **16 days**

DIRECTIONS FOR USE Take 2 capsules with a meal three times daily.

— How the Key Ingredients Work

Pau d'Arco is an inner bark herb treasured for centuries by South American indigenous peoples who turned to it whenever the body needed a little extra help fighting off unwanted invaders. Drawn from the heartwood of the Handroanthus tree, this time-honored remedy brings together naturally occurring compounds that work together to support a balanced, resilient body.

Pau d'Arco Inner Bark (Antifungal Support) — The inner bark of the Pau d'Arco tree has been used for generations across South America to help the body keep yeast and fungal concerns in check. Laboratory studies show its key natural compounds can work against common yeast strains like *Candida albicans* and *Candida tropicalis*, making it a cornerstone of traditional cleansing support.

Pau d'Arco Inner Bark (Candida Balance) — When it comes to keeping *Candida* in balance, Pau d'Arco has a long track record in traditional South American herbal medicine. Its naturally occurring compounds have shown antifungal activity against multiple *Candida* species in laboratory research, offering a plant-based option for those looking to support a healthy internal environment.

Pau d'Arco Inner Bark (Candida Cleanse) — Pau d'Arco has been a go-to cleansing herb in Amazonian and South American traditions for hundreds of years. Research from 2007 highlighted that its active compounds demonstrated antifungal effects against *Candida albicans* and related yeast strains in lab settings, supporting its traditional reputation as a gentle yet effective cleansing ally.

Pau d'Arco Inner Bark (Viral Immune Response) — Indigenous Amazonian peoples have long relied on Pau d'Arco bark not just for fungal concerns but also when the body needed help responding to infections of all kinds. Modern research suggests its primary active compounds show antiviral activity in laboratory studies against several types of viruses, lending scientific interest to this centuries-old tradition of immune support.

Pau d'Arco Inner Bark (Fungal Skin Support) — Traditionally, healers across South America applied or prepared Pau d'Arco bark to help the skin stay clear of fungal and yeast-related concerns. Its naturally occurring compounds have demonstrated antifungal activity against *Candida* and other fungi in laboratory studies, making it a valued part of traditional skin wellness routines passed down through generations.

Pau d'Arco Inner Bark (Lapachol Content) — One of the standout natural compounds found in Pau d'Arco bark is lapachol, a naphthoquinone that researchers have studied for its antifungal properties. In laboratory settings, lapachol has shown meaningful activity against *Candida albicans* and other yeast strains, which helps explain why this bark has been so widely trusted in traditional South American herbal practice.

Pau d'Arco Inner Bark (Beta-Lapachone Content) — Alongside lapachol, Pau d'Arco bark also contains beta-lapachone, another naturally occurring compound that has attracted scientific attention. Laboratory research has found beta-lapachone to share antifungal and antiviral properties with its companion compound, together forming the active foundation that gives Pau d'Arco its well-known reputation as a cleansing and immune-supportive herb.

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