



NATURE'S SUNSHINE

Passion Flower

GOOD FOR

Nervous System

Brain

Muscles

SIZE **100 Capsules**

ITEM # **500**

SERVING **1**

SUPPLY **50 days**

DIRECTIONS FOR USE Take 1 capsule with a meal twice daily.

— How the Key Ingredients Work

Passion Flower brings together the time-honored goodness of *Passiflora incarnata* to gently support a relaxed, balanced mind. Rooted in both traditional use and modern research, this single-herb formula works with your body's own calming systems to help you feel more at ease.

Passiflora incarnata (Aerial Parts) — The heart of this formula, passionflower has been used for generations as a go-to herb for a busy, restless mind. Research suggests it works with the brain's natural calming chemistry to help promote a sense of ease and relaxation without the heavy, groggy feeling some people worry about.

Passionflower & Everyday Anxiety — In a well-known clinical study, passionflower performed comparably to a prescription anti-anxiety medication for generalized anxiety, and participants reported fewer unwanted effects on their day-to-day performance. That's a meaningful finding for anyone looking for gentle, natural support.

Passionflower & Restful Feelings — Because passionflower supports the brain's calming pathways, it has long been associated with helping people wind down at the end of a stressful day. Traditional herbalists across North America and Europe have recommended it for centuries as a soothing herb for the nervous system.

Passionflower & Mental Comfort During Stress — Clinical research has shown that passionflower may help ease the mental and emotional discomfort that can come with stressful periods — including feelings of tension, irritability, and unease. It appears to work best as part of a broader approach to everyday wellness and stress management.

Passionflower & Antioxidant Support — Passionflower contains a rich mix of naturally occurring plant compounds — including flavonoids and phenolic compounds — that have shown free radical scavenging activity in laboratory studies. Antioxidant support helps the body maintain its natural defenses against everyday oxidative stress.

Passionflower's Flavonoids — The flavonoids found in *Passiflora incarnata* are among the plant's most studied components. These naturally occurring compounds are believed to play a key role in the herb's calming and antioxidant properties, contributing to the overall support passionflower offers for mind and body wellness.

Passionflower & Focus Support — A small clinical study explored passionflower's potential to support attention and focus in children, comparing it to a standard option over eight weeks. While research in this area is still early, the findings were encouraging and suggested passionflower was well tolerated throughout the study period.

Passionflower & Craving Support — Research has looked at passionflower as a supportive herb during times when the body and mind are working through difficult transitions. One double-blind clinical trial found that passionflower, used alongside standard care, helped address the mental and emotional side of those challenging periods more effectively.

 (888) 510-7196  service@caringsunshine.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

BUY THIS QUICKLY
Scan to shop this product

