



NATURE'S SUNSHINE

Lymphomax

GOOD FOR

Lymphatic System

Liver

Blood

SIZE **100 capsules**

ITEM # **4077**

SERVING **2**

SUPPLY **25 days**

DIRECTIONS FOR USE Take two capsules twice daily.

— How the Key Ingredients Work

Lymphomax brings together eleven time-honored herbs and nutrients, each chosen to support the body's natural cleansing pathways, respiratory comfort, and everyday immune health. Together they form a well-rounded formula that helps your body stay balanced, clear, and resilient.

Red Root — Red root has a long history as the go-to herb for lymphatic support. Herbalists have relied on it for generations to help the spleen and lymph nodes do their filtering work. Lab studies confirm it carries natural antioxidant compounds, and traditional use points to its role in keeping the body's internal cleansing system running smoothly.

Echinacea — One of the most studied herbs in natural health, echinacea is best known for giving the immune system a helping hand. Research — including clinical trials — shows it supports the body during respiratory challenges and helps keep the bronchial passages comfortable. It also provides antioxidant compounds that help protect cells from everyday stress.

Mullein — Mullein has been used in folk medicine across Europe and America for centuries, especially for lung and airway comfort. Its natural mucilage acts like a gentle coat for irritated airways, while other plant compounds help the body clear congestion. Studies back its traditional reputation for soothing coughs and supporting overall respiratory ease.

Plantain — Broadleaf plantain is a quietly powerful herb with a broad range of traditional uses. Research shows it supports bronchial health — one clinical trial found it helped reduce bronchitis symptoms and soothe airway irritation. It also brings a rich supply of antioxidant compounds that help the body defend against everyday oxidative stress.

Lobelia — Known historically as Indian tobacco, lobelia has been used by traditional herbalists to support relaxation of the airways and ease respiratory tension. Eclectic physicians of the 19th century valued it highly for chest and lung complaints. While modern research is still developing, its traditional role in respiratory formulas remains well established.

Garlic Bulb — Garlic is one of nature's most versatile wellness ingredients. Its naturally occurring sulfur compounds are well studied for supporting a healthy inflammatory response, protecting cells from oxidative stress, and promoting cardiovascular comfort. Clinical trials show garlic helps support healthy arteries and provides meaningful antioxidant activity throughout the body.

Bayberry — Bayberry brings a combination of antioxidant-rich plant pigments and traditional respiratory support to this formula. It has appeared in both traditional Chinese medicine and North American folk herbalism for chest and lung complaints. A small clinical trial also found bayberry juice helped support healthy antioxidant levels and a balanced inflammatory response.

Red Clover — Red clover is packed with plant-based flavonoids and isoflavones — natural compounds with well-documented antioxidant activity. Clinical research shows red clover isoflavones support arterial flexibility and overall cardiovascular wellness. Its broad range of protective plant compounds makes it a valuable addition to any formula focused on whole-body balance.

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