



NATURE'S SUNSHINE

Frankincense (Organic)

GOOD FOR

Nervous System

Brain

SIZE **15 ml**

ITEM # **3869**

DIRECTIONS FOR USE Essential oils may be used aromatically or topically in a variety of ways, including diffusers, massage, compresses, baths, scrubs, lotions and sprays. Essential oils should be diluted with Nature's Sunshine Massage Oil or Carrier Oil before being applied topically.

— How the Key Ingredients Work

Organic Frankincense brings you the time-honored power of Boswellia resin, sustainably harvested from wild trees and carefully prepared to support your body's natural balance. This single-ingredient formula lets the full richness of one of the world's most celebrated botanicals shine through, exactly as nature intended.

Boswellia Resin (Organic) — The heart of this formula is the aromatic resin tapped directly from Boswellia tree trunks. Prized for thousands of years across Africa, Arabia, and India, this resin is where all of frankincense's wellness goodness lives — making the quality and purity of the source everything.

Boswellia sacra (Omani Frankincense) — Grown in the rugged, sun-baked landscapes of Oman, Boswellia sacra is one of the most treasured and widely traded frankincense species in the world. Its resin has a clean, bright aroma and a long history of use in traditional wellness and ceremonial practices across the Arabian Peninsula.

Boswellia serrata (Indian Frankincense) — Boswellia serrata is the species most commonly found in natural-health supplements today. Native to India, it has been a cornerstone of Ayurvedic tradition for centuries, valued for supporting comfort and ease of movement — making it a go-to botanical for people who want to feel their best day to day.

Boswellia carteri (African Frankincense) — Harvested from trees growing across the dry woodlands of East Africa, Boswellia carteri is another of the key traded species. Its resin carries a rich, warm scent profile and contributes to the broad traditional heritage of frankincense use that spans entire continents and countless generations.

Organic Sourcing & Purity — Choosing organic means the resin is collected without synthetic pesticides or harsh chemicals, keeping the product as close to its natural state as possible. For a botanical that has been used in its pure, unaltered form for millennia, organic certification is simply the right way to honor that tradition.

Sustainable Wild Harvesting — Boswellia trees grow slowly in some of the world's most arid and challenging environments. Responsible, sustainable harvesting — tapping the trunk carefully rather than over-stressing the tree — helps protect these remarkable plants for future generations while ensuring the resin you receive is of the highest quality.

Traditional Wellness Heritage — Frankincense has been used in traditional health and wellness practices across northeast Africa, the Arabian Peninsula, and the Indian subcontinent for thousands of years. That deep, cross-cultural history of use speaks to how consistently people have turned to this resin when they want to support their overall sense of well-being.

Aromatic & Mind-Body Support — The distinctive, warm, slightly woody aroma of frankincense resin has long been associated with calm, clarity, and a sense of grounded well-being. Burning or diffusing frankincense has been a cornerstone of meditative and spiritual practices worldwide, supporting a peaceful state of mind alongside physical wellness.

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