



NATURE'S SUNSHINE

Carrier Oil

GOOD FOR

Hair, Skin & Nails (Integumentary)

SIZE **8 fl. oz.**

ITEM # **3841**

DIRECTIONS FOR USE Use alone or as a carrier for topical application of Nature's Sunshine Authentic Oils. Dilute 7-15 drops of essential oil per tablespoon of carrier. Keep out of reach of children. For best results, store in a cool, dark place.

— How the Key Ingredients Work

This carefully blended carrier oil formula brings together time-honored plant oils and a key antioxidant vitamin to help nourish and support your body's natural defenses. Each ingredient was chosen for the wholesome goodness it contributes to everyday wellness.

Sunflower Oil — Pressed from the seeds of the cheerful *Helianthus annuus* plant, sunflower oil is one of nature's richest sources of vitamin E. It brings natural antioxidant support to help protect the body, and research suggests it may help support healthy blood pressure, balanced blood sugar, and healthy cholesterol levels when enjoyed as part of a balanced lifestyle.

Olive Oil — A cornerstone of the celebrated Mediterranean diet, olive oil comes from the fruit of the *Olea europaea* tree and has been treasured for centuries. Its natural plant compounds — including oleuropein and hydroxytyrosol — are recognized by European food authorities for helping protect the body's fats from oxidative damage, supporting overall antioxidant defense day after day.

Grape Seed Oil — Cold-pressed from the tiny seeds left behind after grapes are processed, grape seed oil is a light, gentle oil prized for its clean feel and naturally occurring plant compounds. It has long been used as a nourishing carrier in wellness and beauty traditions, valued for how smoothly it blends with other beneficial oils and ingredients.

D-Alpha Tocopherol — This is the natural form of vitamin E — the very same form your body recognizes and actively keeps on hand. It works as the body's primary fat-soluble antioxidant, nestling into cell membranes to help interrupt the chain reactions that can damage cells over time. It also supports healthy arterial walls and has been studied for its role in immune balance.

Sunflower Seed Antioxidants — Beyond its oil, the sunflower plant contributes beneficial plant compounds like chlorogenic acid and flavonoids that add an extra layer of antioxidant support. Studies show sunflower seed extracts demonstrate strong free-radical-neutralizing activity, helping the body stand up to everyday oxidative stress from the environment and normal metabolic processes.

Olive Polyphenols — The polyphenols naturally present in olive — particularly oleuropein and hydroxytyrosol — are some of the most well-studied antioxidant compounds found in any plant food. Research shows they help support healthy blood flow, promote comfortable joint movement, and may help keep blood platelets from clumping together, all of which contribute to a healthy cardiovascular system.

Oleocanthal from Olive — Oleocanthal is a naturally occurring compound found in extra-virgin olive oil that has attracted real scientific interest. A human clinical study found that oleocanthal-rich olive oil showed antiplatelet activity in healthy men, suggesting it may play a supportive role in keeping blood flowing smoothly and the cardiovascular system functioning well.

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