



NATURE'S SUNSHINE

Hawthorn Berries

Halal

Non-GMO

GOOD FOR

Cardiovascular system

Heart

Blood

SIZE **100 Capsules**

ITEM # **370**

SERVING **2**

SUPPLY **25 days**

DIRECTIONS FOR USE Take 2 capsules with a meal twice daily.

— How the Key Ingredients Work

Hawthorn berries have been treasured for centuries as one of nature's most beloved herbs for the heart and circulation. This formula brings together the full goodness of the hawthorn berry — its rich blend of natural plant compounds — to gently support your cardiovascular system, your arteries, and your body's own defenses.

Hawthorn Berry – Heart & Circulation Support — Hawthorn berries have been used to support heart health since the late 1800s. They're packed with natural plant compounds that help keep blood flowing smoothly, support healthy circulation, and give your cardiovascular system the everyday nourishment it deserves.

Hawthorn Berry – Arterial Wellness — The natural flavonoids and proanthocyanidins found in hawthorn berries help support the health of your arteries from the inside out. Research suggests hawthorn may help support healthy blood pressure levels already within a normal range, making it a wonderful daily companion for arterial wellness.

Hawthorn Berry – Antioxidant Protection — Hawthorn berries are loaded with polyphenols, flavonoids, and OPCs — some of nature's most powerful free-radical fighters. These antioxidant compounds help protect your cells from everyday oxidative stress, supporting your body's natural defenses and helping you feel your best day after day.

Hawthorn Berry – Healthy Blood Flow — Hawthorn's naturally occurring plant compounds have been shown in research to help support healthy blood vessel function. By helping blood vessels relax and supporting normal circulation, hawthorn may help your heart and body work together more comfortably and efficiently throughout the day.

Hawthorn Berry – Cardiovascular Comfort — Traditionally used to support the heart during times of everyday stress and exertion, hawthorn berries have a long history of use for cardiovascular comfort. Multiple clinical reviews have explored hawthorn's role in supporting the heart, making it one of the most well-studied herbs in natural heart care.

Hawthorn Berry – Blood Platelet Support — Research suggests that the natural compounds in hawthorn berries may help support healthy platelet function. Keeping blood flowing smoothly and supporting normal platelet activity is an important part of overall cardiovascular wellness, and hawthorn has been studied for exactly this kind of gentle, everyday support.

Hawthorn Berry – Vascular Relaxation — One of hawthorn's most celebrated qualities is its ability to help support relaxed, healthy blood vessels. The plant's natural flavonoids are believed to encourage the release of nitric oxide in the body, which plays a key role in helping blood vessels stay flexible and comfortable.

Hawthorn Berry – Oxidative Stress Defense — Everyday life exposes our bodies to oxidative stress from pollution, processed foods, and general wear and tear. Hawthorn berries help your body fight back with a rich supply of antioxidants that have been shown in research to support the body's own natural protective systems.

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