



NATURE'S SUNSHINE

Bowel Detox

GOOD FOR

Digestive System

Colon (Large Intestine)

Small Intestine

SIZE **120 Capsules**

ITEM # **3020**

SERVING **3**

SUPPLY **16 days**

DIRECTIONS FOR USE Take 3 capsules twice daily.

— How the Key Ingredients Work

Bowel Detox brings together time-honored herbs, soothing fibers, and key nutrients to help your digestive tract move smoothly, feel comfortable, and stay balanced. Each ingredient plays its own supporting role — from encouraging healthy elimination to helping your body neutralize everyday waste.

Psyllium Husk — Psyllium is a natural soluble fiber that absorbs water in your gut and forms a soft, gel-like bulk. This helps stools move along more easily, supports regularity, and can ease the discomfort of an irregular digestive system. Research confirms it helps with bloating and overall bowel comfort.

Cascara Sagrada — This traditional North American bark has been used for centuries to encourage a bowel movement when things feel sluggish. Its natural compounds gently stimulate the colon to contract and reduce water reabsorption, typically producing results within 6–8 hours. Native Americans relied on it long before it entered Western herbal practice.

Activated Charcoal — Activated charcoal has an incredibly porous surface that acts like a sponge inside your gut, helping to trap gas, toxins, and other unwanted substances so they can be carried out of the body. Studies support its use for reducing intestinal gas, bloating, and occasional loose stools.

Ginger — Ginger root has been trusted for over 2,500 years to calm an unhappy stomach. It helps food move through the digestive tract at a healthy pace, eases bloating and abdominal discomfort, and supports overall gut motility. Clinical studies confirm it can reduce nausea and IBS-related symptoms.

Pancreatin — Pancreatin is a blend of the same digestive enzymes your pancreas naturally produces — including those that break down proteins, fats, and carbohydrates. When digestive enzyme activity is low, food can sit and ferment in the gut. Pancreatin helps ensure meals are fully broken down and properly absorbed.

Pepsin — Pepsin is the stomach's primary protein-digesting enzyme. It gets to work as soon as you eat, breaking proteins into smaller pieces so your intestines can absorb them efficiently. Including pepsin in a digestive formula helps support comfortable, thorough digestion, especially for people who feel heavy or bloated after protein-rich meals.

Bile Salts — Bile salts are produced by the liver and are essential for breaking down dietary fats so your body can absorb them. They also help keep digestion moving at a healthy pace and support the liver's natural process of clearing cholesterol. Healthy bile flow is a cornerstone of smooth, complete digestion.

Marshmallow Root — Marshmallow root contains natural mucilage — a slippery, gel-like substance that coats and soothes the lining of the digestive tract. It has been recognized by Germany's Commission E for supporting mild gastric discomfort, and traditional herbalists have long used it to calm irritated or inflamed gut tissue.

Chlorophyll — Chlorophyll is the green pigment from plants, and when taken internally it acts as a natural antioxidant and deodorizer. It helps neutralize free radicals in the digestive tract and has been studied for its ability to reduce internal odor. It also supports healthy blood sugar balance after meals when consumed alongside food.

 (888) 510-7196  service@caringsunshine.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

BUY THIS QUICKLY
Scan to shop this product

