



NATURE'S SUNSHINE

High Potency Garlic (SynerPro)

GOOD FOR

Immune System

Cardiovascular system

Small Intestine

SIZE **60 tablets**

ITEM # **292**

SERVING **1**

SUPPLY **30–60 days**

DIRECTIONS FOR USE Take 1 tablet with a meal once or twice daily.

— How the Key Ingredients Work

High Potency Garlic (SynerPro) pairs the time-honored power of garlic with a carefully chosen blend of whole-food companions — broccoli, beet, turmeric, and more — so every ingredient works alongside the others to support your heart, your defenses, and your overall vitality. Together they deliver a broad spectrum of naturally occurring plant compounds that help your body stay balanced and resilient.

Garlic Bulb — The star of this formula, garlic has been trusted for centuries — and modern research backs that reputation. It supports healthy circulation, helps keep arteries flexible, and brings powerful antioxidant activity to every capsule. Studies also show it may help the body manage everyday inflammation and support a healthy immune response.

Turmeric — Turmeric's golden pigment, curcumin, is one of the most studied plant compounds on earth. Clinical trials show it helps raise the body's own antioxidant levels, supports comfortable joints, and may ease occasional digestive discomfort. It has been a cornerstone of traditional wellness traditions for thousands of years.

Broccoli — Broccoli brings a naturally occurring compound called sulforaphane that encourages the body to produce more of its own protective antioxidant enzymes. Human studies show it supports healthy blood pressure, helps keep blood sugar in a normal range, and even reaches the fluid around joints to support comfort and mobility.

Beet — Beets are naturally rich in dietary nitrates, which the body converts into nitric oxide — a molecule that helps blood vessels relax and widen. Clinical research confirms that beetroot supports healthy blood pressure, improves circulation, and provides betalain pigments that act as free-radical scavengers to protect cells from everyday oxidative stress.

Tomato — Tomatoes supply lycopene, the most potent antioxidant among the carotenoids found in food. Multiple clinical trials link lycopene to healthier arteries, lower systolic blood pressure, and reduced oxidative damage to fats in the bloodstream. It also supports normal platelet activity, helping blood flow smoothly through the vessels.

Hesperidin — Hesperidin is a flavonoid concentrated in citrus peel that has earned a strong reputation for protecting blood vessels. Human trials show it improves the flexibility and function of artery walls, supports healthy blood pressure, and acts as a potent free-radical scavenger — making it a valuable partner for the cardiovascular ingredients in this blend.

Orange — Orange contributes vitamin C, hesperidin, and other polyphenols that work together to reduce oxidative stress and support artery health. Human studies show that the compounds in orange juice help maintain healthy blood pressure and pulse pressure, while also supporting a calm, balanced mood — a nice everyday bonus.

Grapefruit — Grapefruit adds naringenin and naringin, citrus flavonoids shown in clinical studies to support healthy LDL cholesterol levels and arterial function. Research also suggests grapefruit consumption may help with satiety before meals and contributes meaningful antioxidant activity, rounding out the citrus family's contribution to this formula.

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