



NATURE'S SUNSHINE

Power Beets Pouch

Vegetarian

Non-GMO

Gluten Free

Dairy Free

Soy Free

Keto Friendly

No Sugar

GOOD FOR

Cardiovascular system

Heart

Blood

SIZE **210 grams**

ITEM # **24112**

SERVING **1 Scoop**

SUPPLY **30 days**

DIRECTIONS FOR USE Mix each serving into 12-16 oz. of water or your favorite beverage for your Power Beets boost.

— How the Key Ingredients Work

Power Beets combines the natural nitrate richness of beets with a full spectrum of fruits, vegetables, vitamins, and minerals to support healthy blood flow, steady energy, and whole-body wellness. Every ingredient was chosen to work together — helping your heart, your cells, and your daily stamina feel their best.

Beet — The star of the formula. Beets are naturally loaded with dietary nitrates, which your body converts into nitric oxide — a compound that helps your blood vessels relax and widen. Studies show beet juice can support healthy blood pressure and improve how efficiently your body uses oxygen during activity, making everyday movement feel easier.

Vitamin C — One of the body's most important defenders, vitamin C is a powerful antioxidant that helps protect cells from everyday wear and tear. It also helps your body absorb iron from food, supports the production of collagen that keeps skin and tissues strong, and plays a key role in keeping your immune system ready to go.

Vitamin D3 — Often called the sunshine vitamin, D3 is the form your skin naturally makes outdoors. It supports a healthy immune response, helps the body absorb calcium for strong bones, and research shows it plays a role in keeping blood vessels flexible and supporting healthy circulation — especially important when sun exposure is limited.

Magnesium — Magnesium is involved in hundreds of processes your body runs every single day — from producing energy to keeping muscles and nerves working smoothly. It also helps support a calm stress response and healthy blood vessel tone. Many people don't get enough from food alone, making it a valuable addition to any daily formula.

Pomegranate — Pomegranate is packed with polyphenols — natural plant compounds with some of the highest antioxidant activity of any commonly eaten fruit. Clinical studies show pomegranate juice can help support healthy blood pressure, protect artery walls, and reduce markers of inflammation, making it a natural partner to beet in a circulation-focused formula.

Green Tea — Green tea brings a gentle antioxidant boost from its natural catechins, particularly EGCG. Research supports its role in helping the body defend against oxidative stress, supporting a calm and focused mood, and contributing to healthy weight management. It also pairs well with other antioxidant ingredients to amplify overall protection.

Turmeric — Turmeric has been used for centuries in traditional wellness practices, and modern research backs up its reputation. Its active compound, curcumin, is a well-studied antioxidant and anti-inflammatory botanical. Human trials show it can raise the body's total antioxidant capacity and help soothe the kind of low-grade inflammation that builds up over time.

Blueberry — Blueberries are rich in anthocyanins — the pigments that give them their deep blue color and also happen to be potent antioxidants. Studies show blueberry intake supports healthy blood pressure, helps protect artery walls, and may support healthy blood sugar levels, especially in people with elevated cardiometabolic risk.

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