



NATURE'S SUNSHINE

Power Beets To-Go Packs

Vegetarian

Non-GMO

Gluten Free

Dairy Free

Soy Free

Keto Friendly

No Sugar

GOOD FOR

Cardiovascular system

Heart

Blood

SIZE 24 servings

ITEM # 24085

SERVING 1 To-Go Pack

SUPPLY 24 days

DIRECTIONS FOR USE Mix each serving into 12-16 oz. of water or your favorite beverage for your Power Beets boost.

— How the Key Ingredients Work

Power Beets To-Go Packs bring together beets, superfruits, energizing botanicals, and a full spectrum of vitamins and minerals to support healthy circulation, natural energy, and whole-body vitality. Every ingredient works together to help your body feel its best from the inside out.

Beet — The star of the formula. Beets are naturally rich in dietary nitrates, which the body converts into nitric oxide — a compound that helps blood vessels relax and widen. Studies show beet juice can support healthy blood pressure, better circulation, and improved stamina during physical activity.

Vitamin C — A hardworking antioxidant that helps protect cells from everyday wear and tear. Vitamin C also supports a healthy immune system, helps the body absorb iron from food, and plays a key role in building collagen — the structural protein that keeps skin, joints, and connective tissue strong.

Vitamin D3 — Often called the sunshine vitamin, D3 is the form your skin makes naturally outdoors. It supports healthy immune function, helps the body use calcium properly, and research shows it plays a role in maintaining healthy blood vessels and supporting normal hormone balance in adults.

Magnesium — Involved in hundreds of processes throughout the body, magnesium helps muscles and nerves work smoothly, supports a calm stress response, and contributes to healthy blood vessel function. Many people don't get enough from diet alone, making it a valuable addition to any daily wellness routine.

Pomegranate — Pomegranate is packed with polyphenols — plant compounds with some of the highest antioxidant activity of any fruit. Clinical studies show pomegranate juice can support healthy blood pressure, help protect blood vessel walls, and aid recovery after exercise by reducing markers of oxidative stress.

Green Tea — Rich in natural antioxidants, especially a compound called EGCG, green tea helps defend cells against free-radical damage. Human studies also link green tea to a calmer, more focused mood, modest support for healthy weight management, and a gentle lift in energy without the jitters.

Coffee Fruit — This is the whole fruit surrounding the coffee bean — not the bean itself. Coffee fruit is loaded with antioxidant polyphenols called chlorogenic acids. Studies show it can help support healthy blood sugar levels after meals, promote sharper mental focus, and reduce feelings of mental fatigue during demanding tasks.

Vitamin B12 — B12 is essential for keeping your nervous system healthy and helping your body produce red blood cells. It supports normal energy metabolism and plays a role in maintaining healthy homocysteine levels, which matters for long-term heart and blood vessel health. Many adults, especially older ones, benefit from extra B12 daily.

Vitamin B6 — This B vitamin is a key helper in making feel-good brain chemicals like serotonin, dopamine, and GABA. It supports a healthy stress response, contributes to normal red blood cell production, and research suggests adequate B6 intake is linked to a calmer, more balanced mood throughout the day.

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