



NATURE'S SUNSHINE

Marine Collagen

Organic

Non-GMO

Gluten Free

Dairy Free

Soy Free

Keto Friendly

GOOD FOR

Hair, Skin & Nails (Integumentary)

Connective Tissue

Joints

SIZE **30 servings**

ITEM # **23356**

SERVING **1**

SUPPLY **30 days**

DIRECTIONS FOR USE Mix one on-the-go stick into your favorite hot or cold beverage. Drink daily for best results.

— How the Key Ingredients Work

This marine collagen formula brings together a carefully chosen blend of nutrients that work together to support your skin, joints, hair, and overall vitality. Each ingredient plays its own role in helping your body look and feel its best, day after day.

Marine Collagen — Collagen is the most abundant protein in your body — the building block behind firm skin, flexible joints, strong tendons, and healthy bones. As we age, our natural collagen supply gradually declines. Supplementing with collagen peptides gives your body the raw materials it needs to help maintain that structural support from head to toe.

Vitamin C — Vitamin C is your body's essential helper for making collagen. Without it, your body simply cannot build or repair collagen properly. It also acts as a powerful antioxidant, helping to protect your cells from everyday wear and tear, and it supports your immune system so you stay feeling your best.

Hyaluronic Acid — Think of hyaluronic acid as your body's natural moisture magnet. It's found naturally in your skin, joints, and connective tissues, where it helps hold water and keep everything cushioned and supple. Supplementing with it supports comfortable, well-lubricated joints and helps skin stay plump and hydrated.

Biotin — Biotin — sometimes called the beauty vitamin — is well known for its role in supporting healthy hair. It helps your body produce keratin, the protein that makes up your hair strands, and is especially valued for promoting hair thickness and strength. It also plays a key role in helping your body convert food into usable energy.

Vitamin B3 (Niacin) — Niacin is a B vitamin that your body uses to build NAD+, a molecule involved in hundreds of processes including energy production and cellular repair. It supports your body's natural antioxidant defenses, helping to keep cells healthy and resilient. It's a quiet but important player in overall daily wellness.

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