



NATURE'S SUNSHINE

AIVIA MCT Powder

Vegan

Non-GMO

Gluten Free

Keto Friendly

GOOD FOR

Endocrine System

Brain

Digestive System

SIZE **266 grams**

ITEM # **22992**

SERVING **2**

SUPPLY **15–30 days**

DIRECTIONS FOR USE Mix two scoops (9 g) with AIVIA protein shake or other food/beverage of choice. Take 1-2 servings per day.

— How the Key Ingredients Work

AIVIA MCT Powder brings together fast-acting MCT fats with key minerals and a gentle prebiotic fiber to help your body run smoothly from morning to night. Each ingredient is chosen to support your energy, digestion, and overall balance in a simple, mixable powder.

Caprylic Acid (C8 MCT) — The star of the formula. Caprylic acid is a medium-chain fat that your body converts into quick, clean fuel almost immediately — no long digestive process needed. Research suggests it may help ease mental sluggishness by giving your brain an alternative energy source, and it supports a healthy balance of microorganisms in the gut.

Coconut Oil — The natural source of this formula's MCT fats, coconut oil has been treasured for centuries across tropical cultures. Its medium-chain fatty acids — including caprylic and lauric acid — are easy for the body to use and have been studied for their role in supporting a healthy gut environment and providing antioxidant compounds that help protect cells from everyday stress.

Acacia (Gum Arabic) — Acacia fiber is a gentle, plant-based prebiotic that feeds the good bacteria already living in your gut. In a 12-week clinical trial, people taking acacia gum reported less bloating and better bowel comfort. It has also been shown in randomized studies to help you feel fuller for longer after meals, making it a smart companion to an MCT-based energy formula.

Calcium — Calcium is the most abundant mineral in the human body, and the vast majority of it lives in your bones and teeth. Getting enough calcium every day helps maintain strong, dense bones — especially important during growth years and as we age. It also plays a quiet but essential role in keeping muscles working and nerves communicating properly throughout the body.

Potassium — Potassium is an essential mineral that helps your heart, muscles, and nerves stay in rhythm. Research and major health organizations like the NIH and WHO recognize its role in supporting healthy blood pressure by helping balance out the effects of sodium. Higher potassium intake has also been linked to better bone mineral density, particularly in women, and to healthy blood sugar balance.

Caprylic Acid (C8 MCT) — The powerhouse of this formula. Caprylic acid is a medium-chain fat that skips the long digestive process and converts into quick, clean fuel your body can use right away. Studies suggest it may help ease that foggy, sluggish feeling by giving your brain an alternative energy source, and it supports a healthy balance of microorganisms in the gut.

Coconut Oil — The natural origin of this formula's MCT fats, coconut oil has been a staple of traditional wellness for centuries. Its medium-chain fatty acids are easy for the body to absorb and put to work. Virgin coconut oil also contains natural antioxidant compounds — polyphenols and tocopherols — that help protect your cells from everyday oxidative stress, and research shows it supports a healthy gut environment.

 (888) 510-7196  service@caringsunshine.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

BUY THIS QUICKLY
Scan to shop this product

