



NATURE'S SUNSHINE

Coral Calcium

GOOD FOR

Musculoskeletal System

Digestive System

Colon (Large Intestine)

SIZE **90 Capsules**

ITEM # **1899**

SERVING **1**

SUPPLY **30 days**

DIRECTIONS FOR USE Take 1 capsule with a meal three times daily.

— How the Key Ingredients Work

Coral Calcium brings together two of the body's most essential minerals — calcium and magnesium — working hand in hand to support strong bones, healthy teeth, steady nerves, and so much more. This formula is designed to fill the nutritional gaps that everyday life can leave behind.

Calcium — Calcium is the most abundant mineral in your body, and your bones and teeth hold onto more than 99% of it. Getting enough calcium every day helps build and maintain strong, dense bones — especially important for kids and teens who are still laying down their peak bone mass, and for adults who want to hold onto what they have. Studies show calcium supplementation can meaningfully improve bone mineral density, particularly when paired with vitamin D. Beyond the skeleton, calcium plays a quiet but vital role in keeping your muscles contracting properly and your nerves sending signals the way they should. For people whose digestive systems don't absorb nutrients as efficiently — such as those managing celiac disease — making sure calcium intake is adequate becomes even more important, since low absorption can quietly chip away at bone health over time. Coral calcium delivers this foundational mineral in a natural form, supporting the structural and functional needs your body depends on every single day.

Magnesium — Magnesium is involved in hundreds of processes happening inside your body right now — from producing energy to keeping your heartbeat steady to helping your muscles relax after they contract. It's the fourth most abundant mineral in the body, yet many people don't get quite enough of it from food alone. One of magnesium's most important partnerships is with calcium: magnesium helps your body use calcium properly, making the two a natural team for bone health and overall mineral balance. Research also points to magnesium's role in supporting a calmer, more balanced mood — multiple studies suggest that people with lower magnesium levels are more prone to feelings of anxiety, and that supplementing can help take the edge off everyday stress. Magnesium also appears to support healthy, flexible arteries; one clinical study found that regular magnesium supplementation helped improve arterial stiffness over 24 weeks. On top of that, low magnesium is linked to higher levels of oxidative stress in the body, meaning the mineral plays a supporting role in your natural defenses against everyday cellular wear and tear. For anyone who feels run down, stressed, or simply wants to shore up their nutritional foundation, magnesium is a cornerstone worth paying attention to.

 (888) 510-7196  service@caringsunshine.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

BUY THIS QUICKLY
Scan to shop this product

