



NATURE'S SUNSHINE

KB-C

GOOD FOR

Musculoskeletal System

Urinary System

Kidneys

SIZE 100 Capsules
ITEM # 1883
SERVING 1
SUPPLY 33 days
DIRECTIONS FOR USE Take one VegCap with a meal three times daily.

— How the Key Ingredients Work

KB-C brings together a carefully chosen blend of traditional herbs — each with a long history of use and a growing body of research — to support your bones, joints, circulation, energy levels, and overall resilience. These ingredients work together to help your body stay strong, balanced, and well from the inside out.

Eucommia — One of the most prized herbs in Chinese tradition, eucommia has been studied for its ability to support healthy blood pressure, promote flexible, resilient arteries, and help ease joint discomfort. It also provides antioxidant support and has a long history of use for strengthening bones and connective tissue.

Teasel Root — Teasel root has been used for centuries in Chinese and Korean herbal traditions to support the bones and joints. Research in preclinical models shows it may help protect cartilage, support healthy bone density, and ease inflammation in the joints — making it a cornerstone of this formula's structural support.

Rehmannia — Known as Di Huang in Chinese medicine, rehmannia root is a classic tonic for bones and blood sugar balance. Studies show it may help maintain healthy bone mineral density by encouraging bone-building activity, while also supporting antioxidant defenses and healthy cholesterol levels in preclinical research.

Barrenwort — Also called Yin Yang Huo or horny goat weed, barrenwort has been used for over 2,000 years as a tonic for joints, bones, and vitality. Its active compounds have been studied for cartilage protection, antioxidant activity, and support for healthy hormone balance as men age.

Astragalus — A foundational herb in Chinese medicine, astragalus is prized for its broad support of energy, immune resilience, and circulation. Research includes clinical studies on its antioxidant effects and cardiovascular support, and it has been studied for helping the body manage stress and maintain healthy blood flow.

Morinda — Morinda root (Ba Ji Tian) is a warming tonic herb traditionally used to support vitality, joint comfort, and male reproductive health. Preclinical research points to antioxidant activity, blood pressure support, and blood sugar balance, and it has a long traditional record for strengthening bones and easing joint stiffness.

Dogwood — Cornus officinalis — the Asian dogwood fruit — is a well-studied TCM herb for bone health, blood sugar balance, and antioxidant protection. Preclinical studies show it may help maintain healthy bone density by supporting bone-building cells, while also helping the body manage inflammation and free radical stress.

Broomrape — Cistanche, a desert herb known as broomrape, is backed by a randomized clinical trial showing it helped reduce fatigue and improve energy in adults with chronic fatigue. It also has preclinical support for antioxidant defense, healthy inflammation response, and men's reproductive health, making it a valued tonic in this blend.

Privet Fruit — The glossy privet fruit (Nu Zhen Zi) is a gentle but well-researched tonic for bones and metabolic health. Animal studies show it may support healthy bone mineral density and a balanced cholesterol profile, and it is consistently recognized for its antioxidant properties and long use in Chinese herbal tradition.

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