



NATURE'S SUNSHINE

High Potency Protease

GOOD FOR

Digestive System

Immune System

Cardiovascular system

SIZE **60 Capsules**

ITEM # **1876**

SERVING **1**

SUPPLY **20-60 days**

DIRECTIONS FOR USE Take 1 capsule between meals up to three times daily.

— How the Key Ingredients Work

High Potency Protease combines the natural strength of beet with targeted digestive support to help your body break down what it takes in, keep things moving smoothly, and support the systems that keep you feeling your best every day.

Beet — Digestive Support — Beet brings natural plant compounds to the table that help your digestive system do its job. By supporting healthy blood flow and nutrient delivery throughout the gut, beet helps create the right environment for comfortable, efficient digestion day after day.

Beet — Arterial Health — Beet is naturally rich in dietary nitrates, which the body converts into a compound that helps relax and widen blood vessels. Studies show this process can lower systolic blood pressure by roughly 4 to 10 mmHg and help keep arteries more flexible and responsive.

Beet — Circulation Support — By helping blood vessels open up and work more efficiently, beet supports healthy circulation throughout the body. Better blood flow means more oxygen and nutrients reaching the tissues and organs that depend on a steady, reliable supply to function well.

Beet — Cardiovascular Wellness — The nitrate-to-nitric-oxide pathway supported by beet has been confirmed in multiple clinical studies to improve how well the inner lining of blood vessels functions. This kind of endothelial support is a cornerstone of long-term heart and vascular health.

Beet — Antioxidant Defense — Beet contains betalains and polyphenols — natural pigments and plant compounds that act as free-radical scavengers. Research shows these compounds help reduce oxidative stress and support the body's own antioxidant defenses, including a reduction in lipid peroxidation.

Beet — Immune System Support — A healthy circulatory system is a well-functioning immune system. By supporting blood vessel health and antioxidant activity, beet helps ensure that immune cells and nutrients can travel efficiently through the body to where they are needed most.

Beet — Lymphatic & Fluid Balance — Good circulation and vascular tone play a direct role in how well the lymphatic system moves fluid and waste through the body. Beet's support for healthy blood flow and vessel flexibility helps keep this important drainage and immune network running smoothly.

Beet — Red Blood Cell Support — Beet is one of the richest vegetable sources of folate and also provides a meaningful amount of iron — two nutrients that are essential for forming healthy red blood cells. Small human studies and animal research show improved hemoglobin levels with beetroot supplementation.

Beet — Oxygen & Energy Delivery — Healthy red blood cells carry oxygen, and healthy arteries deliver it. Beet supports both sides of this equation — helping the body produce the blood cells it needs while also keeping the vessels that carry them open, flexible, and working at their best.

Beet — Athletic & Physical Performance — Research including multiple systematic reviews confirms that the nitrate compounds in beet can improve oxygen efficiency and cardiorespiratory endurance, particularly for recreational and moderately active individuals looking to get more out of their physical activity.

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