



NATURE'S SUNSHINE

Kidney Activator (Chinese)

GOOD FOR

Urinary System

Kidneys

Lymphatic System

SIZE **100 VegCaps**ITEM # **1872**SERVING **1**SUPPLY **100 days**

DIRECTIONS FOR USE Take one VegCap with a meal daily.

— How the Key Ingredients Work

Kidney Activator (Chinese) brings together a carefully chosen blend of traditional herbs, each chosen for the way it helps your body stay balanced, energized, and resilient. These time-honored ingredients work as a team — supporting healthy energy, comfortable joints, steady blood sugar, and your body's natural defenses.

Fu Ling (Poria cocos) — One of the most treasured herbs in Chinese tradition, Fu Ling is a mushroom-derived ingredient that supports healthy blood sugar levels, helps the body manage oxidative stress, and has been studied in over 70 clinical trials as part of formulas that support balanced glucose. It also has a long history of use for calming the mind and supporting restful wellbeing.

Astragalus — Known in China as Huangqi, astragalus root is a classic energy-supporting herb. Research shows it helps the body defend against oxidative stress, supports healthy immune balance, and has been studied in clinical settings for its role in supporting heart health and healthy blood formation. It is one of the most widely researched herbs in traditional Chinese medicine.

Sclerotium — Derived from a beneficial fungus, sclerotium brings polysaccharide compounds that help the body manage inflammation, support healthy cholesterol levels, and defend against oxidative stress. Preclinical studies show it may also help support healthy blood sugar balance, making it a versatile addition to this formula.

Coix (Job's Tears) — Coix seeds, known in TCM as Yi Yi Ren, have been used for centuries to support joint comfort and ease what traditional herbalists call 'dampness' in the body. Research confirms antioxidant activity and anti-inflammatory effects, and animal studies support its traditional role in promoting comfortable movement and healthy joints.

Peony — Peony root is a cornerstone of Chinese herbal medicine, prized for its ability to support joint comfort and immune balance. Clinical studies in China have evaluated its active compounds for rheumatic conditions, and research also shows it helps protect the body from oxidative stress and supports healthy blood sugar regulation.

Atractylodes — Atractylodes root, called Bai Zhu in Chinese, is traditionally used to support digestion, healthy appetite, and energy. Preclinical research shows its polysaccharides help support healthy blood sugar and may protect bone density, while its antioxidant compounds help the body manage everyday oxidative stress.

Mulberry — Mulberry leaf is one of the most well-studied herbal ingredients for supporting healthy blood sugar after meals. Multiple human clinical trials show it helps moderate the rise in blood sugar that follows eating. It also supports healthy blood pressure and delivers potent antioxidant compounds including anthocyanins and polyphenols.

Cinnamon — More than just a warming spice, cinnamon is backed by multiple clinical meta-analyses showing it can help support healthy blood pressure and antioxidant levels. Its rich polyphenol content makes it one of the most antioxidant-dense botanicals available, and it has a long history of use for joint comfort and digestive warmth.

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