



NATURE'S SUNSHINE

SAM-e

GOOD FOR

Nervous System

Liver

Joints

SIZE **30 tablets**

ITEM # **1845**

SERVING **2**

SUPPLY **15 days**

DIRECTIONS FOR USE Take 2 tablets daily.

— How the Key Ingredients Work

This formula brings together two well-studied nutrients that work together to support your mood, your joints, and your body's natural ability to feel its best. Each ingredient plays a real, researched role in everyday wellness.

SAM-e — SAM-e is a naturally occurring compound your body makes and uses every day. Research shows it supports joint comfort and mobility — performing comparably to common pain relievers in studies — while also helping your brain produce feel-good messengers like serotonin and dopamine that keep your mood and mental clarity on track.

Magnesium — Magnesium is one of the most important minerals your body relies on, involved in hundreds of daily processes. Studies show it supports a calmer nervous system, helps ease feelings of anxiety, and may keep your arteries flexible and healthy — all while helping your body handle everyday stress more smoothly.

 (888) 510-7196  service@caringsunshine.com

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