



NATURE'S SUNSHINE

Stomach Comfort

Kosher

Halal

Organic

GOOD FOR

Digestive System

Stomach

Small Intestine

SIZE **60 tablets**

ITEM # **1820**

SERVING **2**

SUPPLY **10–30 days**

DIRECTIONS FOR USE Chew 2 tablets up to three times daily for quick, temporary stomach relief.

— How the Key Ingredients Work

Stomach Comfort Chewable brings together eight time-honored, naturally sourced ingredients that work together to soothe occasional digestive upset, ease that uncomfortable full or burning feeling, and help keep your gut running smoothly — all in a convenient chewable tablet you can take anywhere.

Alginic Acid — Sourced from brown seaweed, alginic acid forms a gentle floating gel layer in your stomach when you chew it. That natural gel acts like a soft cushion, helping to keep stomach acid where it belongs so you feel less of that burning, uncomfortable sensation after meals.

Calcium — Calcium does double duty here. It helps neutralize excess stomach acid quickly, which is why it has long been a go-to ingredient in chewable antacid tablets. It also supports healthy bones and teeth, so every chew delivers a little extra mineral support your whole body can use.

Ginger — Ginger has been trusted for over 2,500 years to calm an unhappy stomach. It helps food move through your digestive system at a comfortable pace, easing that sluggish, overly full feeling. Research shows it can also help reduce bloating, abdominal discomfort, and general digestive unease.

Papaya — Papaya brings natural digestive enzymes — most notably papain — that help your body break down proteins more easily after a meal. Clinical studies using papaya preparations found meaningful reductions in bloating, flatulence, stomach pain, and discomfort, making it a gentle, fruit-based ally for everyday digestive wellness.

Licorice Root — Licorice root has a long history of supporting a healthy stomach lining and helping regulate acid levels. Standardized licorice extracts have been tested in placebo-controlled trials and shown to significantly reduce heartburn and regurgitation. It also has natural antispasmodic properties that help ease cramping and abdominal tension.

Slippery Elm Bark — The inner bark of the slippery elm tree gets its name from the slick, soothing gel it forms when mixed with water — or stomach fluid. That mucilage coats and calms irritated digestive tissues. Clinical studies using slippery elm-containing formulas have reported significant reductions in abdominal pain and bloating, and the bark's natural fibers also act as a prebiotic, feeding friendly gut bacteria like Lactobacillus and Bifidobacterium.

Isomalt-Oligosaccharide (IMO) — IMO is a gentle prebiotic fiber that feeds the beneficial bacteria already living in your gut. A well-nourished microbiome supports smoother, more comfortable digestion overall. IMO has a low fermentation profile compared to many other fibers, meaning it is less likely to cause the gas and bloating that some fiber supplements can bring.

Wintergreen — Wintergreen leaf adds a naturally refreshing flavor that makes every chew pleasant, and it brings its own wellness benefits too. Wintergreen contains natural plant compounds with recognized antimicrobial properties, and its extracts have demonstrated antioxidant activity in research studies. It rounds out the formula with a clean, cool taste while contributing to overall digestive comfort.

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