



NATURE'S SUNSHINE

Niacin

GOOD FOR

Nervous System

Brain

Cardiovascular system

SIZE **90 tablets**

ITEM # **1797**

SERVING **1**

SUPPLY **90 days**

DIRECTIONS FOR USE Take 1 tablet daily with a meal.

— How the Key Ingredients Work

This thoughtfully blended formula brings together time-honored botanicals and essential nutrients that work together to help your body feel its best every day. From steady energy and a balanced mood to healthy bones and natural calm, each ingredient plays a real role in supporting your overall wellness.

Niacin (Vitamin B3 as Niacinamide) — Niacinamide is a gentle, flush-free form of vitamin B3 that your body uses to help turn food into usable energy. It supports the natural processes inside your cells that keep you feeling alert and less fatigued, making it a foundational nutrient for everyday vitality and healthy skin.

Feverfew — Feverfew is a daisy-family herb with a long history of traditional use for head comfort and overall ease. Its naturally occurring plant compounds have been studied for their ability to support a healthy inflammatory response, and research including multiple clinical trials recognizes it for helping reduce the frequency of occasional head discomfort.

Hops — Best known for giving beer its pleasant bitterness, the hops plant also offers meaningful wellness benefits. Its rich supply of plant antioxidants helps the body defend against everyday oxidative stress, while its natural bitter compounds interact with gut signals that influence appetite and satiety, supporting a balanced approach to healthy eating.

Calcium — Calcium is the most abundant mineral in the human body, and for good reason — over 99 percent of it lives in your bones and teeth, keeping them strong and dense. Getting enough calcium every day is especially important during periods of growth and throughout adulthood to help maintain the bone mass you've already built.

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