



NATURE'S SUNSHINE

# Capsicum Extract

Organic

Non-GMO

GOOD FOR

Cardiovascular system

Digestive System

Blood

SIZE 2 fl oz

ITEM # 1782

SERVING .5 mL

SUPPLY 29 days

**DIRECTIONS FOR USE** Take approximately 10–15 drops (0.5 mL) in water with food four times daily. One mL is equal to 2 capsules of capsicum.

## — How the Key Ingredients Work

Capsicum Extract harnesses the natural power of chili peppers, packed with capsaicinoids and vibrant plant nutrients that have been used for centuries to support everyday wellness. From helping your body feel its best after meals to keeping your energy and appetite in a healthy rhythm, this formula works with your body in ways that are both time-tested and backed by modern research.

**Capsicum – Digestive Comfort Support** — Red pepper has been shown in a placebo-controlled clinical study published in the New England Journal of Medicine to help reduce stomach discomfort, nausea, and that uneasy feeling after eating. Regular use may help your digestive system feel more settled and at ease throughout the day.

**Capsicum – Appetite & Satiety Balance** — The natural compounds in capsicum help signal to your body that it's satisfied, supporting healthy appetite control. Research suggests capsicum may help reduce how much you eat at a sitting — making it a helpful companion for anyone working toward balanced, mindful eating habits.

**Capsicum – Antioxidant Defense** — Capsicum fruits are naturally rich in vitamins C and E along with carotenoids — a trio of well-known antioxidant nutrients. These compounds help your body defend itself against everyday oxidative stress, supporting overall cellular health and helping you feel your best from the inside out.

**Capsicum – Heartburn & Reflux Comfort** — While spicy foods can sometimes cause temporary discomfort, research shows that regular, consistent exposure to capsaicin may actually help calm the nerve fibers involved in heartburn over time. This means capsicum extract may offer gradual, building support for those who experience occasional acid reflux.

**Capsicum – Thermogenesis & Energy Balance** — Capsicum's active compounds are well known for their ability to gently raise the body's internal heat production — a process called thermogenesis. This natural warming effect supports your metabolism and energy balance, making capsicum a popular ingredient in wellness routines focused on vitality and healthy weight management.

**Capsicum – Natural Carotenoid Nutrition** — Beyond its fiery reputation, capsicum is a rich source of carotenoids — the same family of plant pigments that give peppers their brilliant red and orange colors. These nutrients contribute to your body's antioxidant reserves and support overall nutritional wellness as part of a balanced daily routine.

**Capsicum – Vitamin C Source** — Capsicum is one of nature's most generous sources of vitamin C, a nutrient your body relies on every single day for immune support, skin health, and protecting cells from damage. Getting vitamin C from a whole-food-based source like capsicum means you're also getting the full spectrum of plant compounds that come along with it.

**Capsicum – Vitamin E Support** — Alongside vitamin C, capsicum delivers vitamin E — a fat-soluble antioxidant that helps protect your cells and supports overall body wellness. Together, these two vitamins work as a natural team, helping your body maintain its defenses against the wear and tear of everyday life.

 (888) 510-7196  [service@caringsunshine.com](mailto:service@caringsunshine.com)

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

**BUY THIS QUICKLY**  
Scan to shop this product

