



NATURE'S SUNSHINE

Pau D'Arco Extract

GOOD FOR

Immune System

Cardiovascular system

Blood

SIZE **2 fl oz**

ITEM # **1774**

SERVING **2.5 mL**

SUPPLY **8 days**

DIRECTIONS FOR USE Take one-half teaspoon (2.5 mL) in water with a meal three times daily. One mL equals two capsules of pau d'arco.

— How the Key Ingredients Work

Pau d'Arco Extract draws on centuries of South American herbal tradition, harnessing the natural power of the inner bark of the Handroanthus impetiginosus tree to help your body maintain healthy balance from the inside out. This time-honored botanical has been treasured by Amazonian peoples for generations as a go-to remedy for keeping the body feeling clean, resilient, and supported.

Pau d'Arco Inner Bark Extract — The heart of this formula, pau d'arco inner bark, has been used for centuries by South American indigenous communities to help the body stay balanced and resilient. Traditionally relied upon for yeast, fungal, and infection concerns, this remarkable bark brings deep-rooted herbal wisdom to your daily wellness routine.

Lapachol (Active Naphthoquinone) — Lapachol is one of the key naturally occurring compounds found in pau d'arco bark. In laboratory studies it has shown activity against Candida albicans and related yeast strains, suggesting it plays an important role in the bark's traditional reputation for supporting a healthy yeast and fungal balance in the body.

Beta-Lapachone (Active Naphthoquinone) — Beta-lapachone is another naturally occurring compound in pau d'arco bark that works alongside lapachol. Research has shown it shares antifungal properties in laboratory settings, and together these two compounds are considered the primary drivers behind pau d'arco's long-standing traditional use for yeast and fungal wellness support.

Pau d'Arco Bark Naphthoquinone Complex — The naphthoquinone complex found naturally within pau d'arco bark represents the synergistic blend of active compounds the tree produces. Rather than a single isolated ingredient, this natural complex reflects how traditional healers have always used the whole bark — allowing all of its naturally occurring constituents to work together in harmony.

Pau d'Arco Antifungal Constituents — Beyond lapachol and beta-lapachone, pau d'arco bark contains a range of naturally occurring constituents that have contributed to its centuries-old reputation for supporting healthy skin and body surfaces. In traditional South American medicine, the bark was commonly applied to help address fungal and yeast concerns affecting the skin.

Pau d'Arco Antiviral Constituents — Traditional Amazonian peoples also turned to pau d'arco when dealing with infections of a viral nature. Modern laboratory research has explored how the bark's primary active compounds interact with certain viruses, including retroviruses, herpes viruses, and influenza, lending scientific interest to this aspect of the herb's traditional use.

Pau d'Arco Immune-Supporting Compounds — Supporting the body's natural immune response is one of the most celebrated traditional uses of pau d'arco. The bark's active compounds have been studied for their potential to help the body respond to unwanted invaders, making this extract a popular choice for those looking to give their immune system a little extra seasonal backup.

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