



NATURE'S SUNSHINE

Uña de Gato (Cat's Claw)

GOOD FOR

Immune System

Lymphatic System

SIZE **100 Capsules**

ITEM # **175**

SERVING **1**

SUPPLY **100 days**

DIRECTIONS FOR USE Take 1 capsule daily with a meal.

— How the Key Ingredients Work

This formula brings together three time-honored botanicals — Cat's Claw, Astragalus, and Echinacea — each chosen to help your body stay strong, balanced, and resilient. Together they work to support your immune system, protect your cells, and help your body handle the everyday demands placed on it.

Cat's Claw (Uña de Gato) — Harvested from a wild-growing vine deep in the Amazon rainforest, Cat's Claw has been used for centuries in South American traditional medicine. Research shows it helps support a healthy inflammatory response in the body, and a clinical study found it helped reduce joint swelling and morning stiffness in people dealing with achy, uncomfortable joints.

Cat's Claw – Antioxidant Support — Cat's Claw is also a well-studied antioxidant. Studies in human volunteers show it helps the body neutralize harmful free radicals — the unstable molecules that can wear down your cells over time. Supporting your body's natural defenses against oxidative stress is one of the key ways this vine earns its legendary reputation.

Cat's Claw – Joint & Comfort Support — A double-blind clinical trial published in the Journal of Rheumatology found that people taking Cat's Claw experienced meaningful reductions in painful joints, joint swelling, and pain intensity compared to those taking a placebo. It's a natural choice for anyone who wants to support comfortable, easy movement day to day.

Cat's Claw – Circulation & Blood Health — Early research suggests Cat's Claw may also play a gentle supporting role in healthy circulation. In vitro studies using human blood samples found that Cat's Claw extracts showed mild effects on platelet activity, pointing to its potential as a broad-spectrum botanical for overall cardiovascular wellness support.

Astragalus Root — Known in traditional Chinese medicine as Huangqi, Astragalus root has been treasured for thousands of years as a tonic for vitality and resilience. Grown in China, Mongolia, and North Korea, this sun-loving root is one of the most researched herbs in the world for immune and whole-body support, and it remains a cornerstone of Eastern herbal tradition.

Astragalus – Immune System Support — Astragalus is perhaps best known for its ability to help keep the immune system working at its best. Its natural compounds help balance the body's immune response, making it a popular choice during times when extra immune support is needed — like seasonal changes or periods of stress and fatigue.

Astragalus – Antioxidant & Cell Protection — Research shows that Astragalus helps restore the body's own antioxidant defenses, supporting healthy levels of protective compounds that shield cells from everyday oxidative wear and tear. Both lab and clinical studies confirm its role in helping the body manage the effects of oxidative stress across multiple organ systems.

Astragalus – Heart & Circulation Wellness — Clinical studies conducted in China have documented Astragalus supporting heart health, including helping to reduce the frequency of angina episodes and supporting healthy heart tissue in people with coronary concerns. A review of multiple preclinical studies also highlighted its potential role in supporting overall cardiovascular resilience.

 (888) 510-7196  service@caringsunshine.com

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