



NATURE'S SUNSHINE

Golden Salve

GOOD FOR

Hair, Skin & Nails (Integumentary)

Connective Tissue

SIZE **1 oz**ITEM # **1698****DIRECTIONS FOR USE** Apply liberally as often as needed. Store in a cool, dry place. Do not refrigerate.

— How the Key Ingredients Work

Golden Salve brings together a carefully chosen blend of traditional herbs and nourishing botanicals, each chosen for the way it supports the skin, soothes everyday discomfort, and helps the body stay balanced. Together they create a rich, multi-layered formula rooted in generations of herbal wisdom and backed by modern research.

Comfrey — Long prized as a healing herb, comfrey is one of the most well-studied ingredients in this formula. Clinical trials show that topical comfrey root extract meaningfully eases joint and muscle discomfort and supports the body after everyday aches — making it a cornerstone of any soothing salve.

Goldenseal — A treasured North American herb, goldenseal contains berberine — a compound shown in laboratory studies to discourage unwanted yeast and support a healthy balance on the skin. Herbalists have relied on it for generations as a go-to botanical for skin wellness and overall vitality.

Black Walnut — The hull of the black walnut is packed with natural plant compounds, including juglone, that studies show can help keep fungal concerns in check. It also delivers a rich supply of antioxidants that help the body defend against everyday oxidative stress, making it a hardworking addition to this blend.

Chickweed — Soft and gentle, chickweed has been used in both Western herbalism and traditional Chinese medicine to calm irritated, reactive skin. Lab studies on human skin cells confirm it carries antioxidant and soothing properties, and it remains one of the best-documented herbs for supporting comfortable, healthy-looking skin.

Marshmallow — True to its name — derived from the Greek word meaning 'to heal' — marshmallow root is rich in natural compounds that help soothe and protect. A clinical trial found that a marshmallow ointment improved the appearance of sensitive, irritated skin comparably to a standard topical, and lab studies confirm its antioxidant and calming properties.

Olive Oil — The nourishing base of this formula, olive oil is loaded with polyphenols and vitamin E that help shield skin cells from oxidative damage. The European Food Safety Authority recognizes olive oil polyphenols for protecting the body's fats from oxidative stress, and its rich fatty acid profile makes it an ideal carrier for all the herbs in this blend.

Eucalyptus — Eucalyptus brings a fresh, invigorating quality to the salve along with real functional benefits. Its key active compound has been shown in research to have anti-inflammatory and pain-easing properties when applied topically, and it also demonstrates strong antioxidant activity — helping the formula do more than just smell good.

Myrrh — One of the oldest botanical remedies in recorded history, myrrh resin contains natural compounds that laboratory studies show can discourage unwanted fungal growth, including several *Candida* species. It also contributes meaningful antioxidant activity, helping to round out the protective character of this formula.