



NATURE'S SUNSHINE

Aloe Vera Juice (Whole Leaf)

Organic

Non-GMO

GOOD FOR

Digestive System

Hair, Skin & Nails (Integumentary)

Colon (Large Intestine)

SIZE **32 fl oz**

ITEM # **1693**

SERVING **1 oz**

SUPPLY **30 days**

DIRECTIONS FOR USE Mix 1 ounce of Whole Leaf Aloe Vera Juice with a glass (8 ounces) of water or your favorite fruit or vegetable juice four times daily. Please refrigerate after opening.

— How the Key Ingredients Work

Whole-leaf Aloe Vera Juice brings together the full goodness of the aloe plant — its naturally occurring gel, minerals, and plant compounds — to gently support your digestive comfort, help your body stay balanced, and nourish your overall wellness every day. Think of it as nature's all-in-one tonic, delivered in a form your body can easily put to work.

Aloe Vera (Whole Leaf) — The star of the formula. Aloe vera has been used for thousands of years to calm digestive upset, soothe the stomach lining, and support the body's natural healing processes. Research shows it may help ease occasional heartburn, support comfortable digestion, and even promote healthy-looking skin — all from one remarkable plant.

Aloe Vera – Digestive Comfort — Clinical studies have looked at aloe vera for people who deal with occasional abdominal discomfort, bloating, and irregularity. Its naturally soothing properties have made it a go-to botanical for digestive wellness across many cultures for centuries, and modern research continues to back up that long tradition of use.

Aloe Vera – Heartburn & Acid Reflux Support — A clinical pilot study found that aloe vera gel syrup helped reduce all eight common heartburn and acid reflux symptoms tracked over four weeks — with no significant side effects. Reviewers of multiple clinical studies have concluded that aloe vera shows real promise as a gentle, natural option for occasional digestive acid discomfort.

Aloe Vera – Skin & Wound Healing — Aloe vera is one of the most well-known botanical ingredients for skin support. It has been studied for its ability to help soothe irritated skin, support the body's natural healing response, and even assist with acne-prone skin. A systematic review of herbal medicine trials found aloe vera significantly helped reduce acne lesion counts.

Aloe Vera – Anal Fissure & Tissue Comfort — A double-blind clinical trial found that a topical aloe vera preparation applied over six weeks produced meaningful reductions in pain, bleeding, and healing scores for people dealing with chronic anal fissures. This points to aloe's broader ability to support delicate tissue comfort and natural recovery.

Potassium — Potassium is one of the body's most important minerals, and aloe vera juice naturally contains it. This essential nutrient helps your heart, muscles, and nerves work properly. It plays a key role in keeping fluid levels balanced throughout the body and supports healthy blood pressure, making it a vital part of everyday wellness.

Potassium – Heart & Arterial Health — Research from large clinical studies, including the Jackson Heart Study, shows that higher potassium intake is linked to healthier arteries and lower blood pressure. Potassium helps blood vessels relax and supports healthy circulation — two things that matter a great deal for long-term heart health and overall vitality.

Potassium – Blood Sugar Balance — Potassium plays a behind-the-scenes role in how your body manages blood sugar. Studies show that when potassium levels are low, the body has a harder time releasing insulin and moving sugar out of the bloodstream. Getting enough potassium each day is a simple but meaningful step toward keeping blood sugar in a healthy range.

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