



NATURE'S SUNSHINE

Aloe Vera Juice

GOOD FOR

Hair, Skin & Nails (Integumentary)

Digestive System

SIZE **32 fl oz**

ITEM # **1680**

SERVING **2 oz**

SUPPLY **16–5 days**

DIRECTIONS FOR USE Drink two fluid ounces (60 mL) one to three times daily. Shake well before using. Refrigerate after opening.

— How the Key Ingredients Work

Aloe Vera Juice brings together the time-honored goodness of the aloe plant with key minerals your body relies on every day. Each ingredient plays its own role in helping you feel balanced, comfortable, and well-nourished from the inside out.

Aloe Vera — The star of this formula, aloe vera has been used for thousands of years to soothe the digestive tract and support overall comfort. Research shows it may help ease occasional heartburn and abdominal discomfort, and its gentle, plant-based compounds have long been valued for promoting a calm, happy gut.

Aloe Vera – Digestive Comfort — Clinical studies have looked at aloe vera for people who deal with occasional stomach upset and IBS-related discomfort, with supportive results. Traditional use across many cultures for digestive wellness stretches back millennia, making this one of the most trusted botanicals for everyday tummy support.

Aloe Vera – Heartburn & Acid Reflux — A clinical pilot study found that aloe vera gel syrup helped reduce all eight measured symptoms of acid reflux over four weeks, with no significant side effects. Reviewers of multiple clinical studies have concluded that aloe vera shows real promise as a gentle, natural option for occasional heartburn relief.

Aloe Vera – Skin & Topical Tradition — Aloe vera is famously known as the 'burn plant' for good reason — it has a centuries-long tradition of soothing irritated skin. Clinical research, including a systematic review of herbal medicine trials, found that aloe vera significantly reduced acne lesion counts, pointing to its broader skin-calming properties.

Aloe Vera – Wound & Tissue Support — Research has shown that topical aloe vera preparations can support tissue comfort and healing. A double-blind clinical trial found that an aloe vera cream applied regularly produced meaningful improvements in pain, bleeding, and wound healing scores, highlighting its gentle, supportive nature for sensitive tissues.

Potassium — Potassium is one of the body's most important minerals, working quietly behind the scenes to keep your cells, muscles, and nerves functioning smoothly. Your body cannot make it on its own, so getting enough through food and supplements matters every single day for overall vitality and balance.

Potassium – Heart & Artery Health — Higher potassium intake is linked to healthier, more flexible arteries and better blood pressure levels, according to large clinical studies including the Jackson Heart Study. The FDA itself recognizes potassium's role in supporting cardiovascular wellness, making it a mineral worth paying attention to.

Potassium – Blood Pressure Support — Numerous large clinical trials and meta-analyses show that potassium intake is closely tied to healthy blood pressure. Both the NIH Office of Dietary Supplements and the World Health Organization formally acknowledge potassium's ability to help the body maintain healthy blood pressure levels naturally.

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