



NATURE'S SUNSHINE

Colostrum (With Immune Factors)

GOOD FOR

Immune System

Cardiovascular system

Muscles

SIZE 60 Capsules

ITEM # 1587

SERVING 1

SUPPLY 20 days

DIRECTIONS FOR USE Take 1 capsule with a meal three times daily.

— How the Key Ingredients Work

This formula brings together bovine colostrum — nature's original superfood for newborns — with a carefully chosen blend of mushrooms, botanicals, and nutrients that work together to help your body stay balanced, resilient, and energized. Each ingredient was chosen because research suggests it supports one or more of the key pillars of everyday wellness: immune strength, digestive comfort, antioxidant protection, and steady energy.

Colostrum — Called "first milk" for good reason, bovine colostrum is the rich pre-milk fluid cows produce in the first 72 hours after giving birth. It's naturally packed with antibodies, growth factors, and protective proteins that help support a healthy gut lining, a well-balanced immune response, and comfortable digestion — making it the heart of this formula.

Colostrum – Immune Support — The immunoglobulins (IgG, IgA, IgM) naturally present in colostrum are the same types of protective proteins your own immune system relies on. Research suggests these factors help keep the body's defenses well-tuned, supporting a balanced immune response in the gut and throughout the body.

Colostrum – Gut Comfort — Colostrum's growth factors and protective proteins help maintain the integrity of the gut lining. Clinical studies have linked this action to reduced intestinal permeability — sometimes called "leaky gut" — and to improvements in abdominal comfort and normal bowel function.

Colostrum – Athletic Recovery — Active individuals may appreciate that colostrum contains natural growth factors, including IGF-1, alongside immunoglobulins and bioactive peptides. Multiple clinical trials suggest these components can support lean body mass, strength, and post-exercise recovery when combined with regular training.

Colostrum – Antioxidant Defense — Colostrum naturally contains lactoferrin, vitamins A, C, and E, and other protective compounds that help the body neutralize harmful free radicals. Lactoferrin is particularly notable because it binds iron in a way that limits the production of damaging oxidative molecules in the body.

Astragalus — A beloved root in traditional Chinese herbalism known as Huangqi, astragalus has been used for centuries to support vitality and resilience. Modern research backs up this reputation — studies suggest it helps the immune system stay balanced, supports healthy antioxidant defenses, and may help the body manage everyday physical stress more comfortably.

Astragalus – Immune & Respiratory Wellness — A well-designed clinical trial found that astragalus extract helped ease seasonal respiratory allergy symptoms when used alongside standard care. Researchers believe the root's natural compounds help bring the immune system back into balance, calming an overactive response without suppressing normal immune activity.

Astragalus – Antioxidant Defense — Astragalus is rich in natural compounds that help the body defend itself against oxidative stress — the everyday wear and tear caused by free radicals. Studies show it supports the body's own built-in antioxidant systems, helping to keep cells healthier for longer.

 (888) 510-7196  service@caringsunshine.com

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