



NATURE'S SUNSHINE

Super Supplemental

GOOD FOR

Cardiovascular system

Respiratory System

Digestive System

SIZE **120 tablets**

ITEM # **1377**

SERVING **4**

SUPPLY **30 days**

DIRECTIONS FOR USE Take 4 tablets daily with meals. These may be taken all at once with a meal or one at a time with each meal and at bedtime.

— How the Key Ingredients Work

Super Supplemental brings together vitamins, minerals, amino acids, and botanical extracts chosen to support energy, immunity, antioxidant defense, and everyday wellness. Each ingredient plays its own role, and together they help fill the nutritional gaps most people never even notice.

Vitamin A — Supports healthy vision, skin, and immune function. As retinol and carotenoids, it helps protect cells from oxidative damage, assists the body in mobilizing iron from storage, and plays a key role in keeping mucous membranes — your body's first line of defense — strong and intact.

Vitamin C — One of the body's most important water-soluble antioxidants. Vitamin C helps build and repair collagen, supports a healthy immune response, boosts iron absorption from plant foods, and helps the adrenal glands — which sit above your kidneys and manage your stress response — do their job well.

Vitamin D3 — Often called the sunshine vitamin, D3 is the form your skin naturally makes outdoors. It supports strong bones, a balanced immune system, and healthy muscle function. Research also links good D3 levels to healthy testosterone balance in men and a well-regulated inflammatory response throughout the body.

Vitamin E — A fat-soluble antioxidant that works inside cell membranes to stop damaging chain reactions before they spread. Vitamin E helps protect red blood cells from oxidative wear, supports arterial wall health, and works hand-in-hand with vitamin C to keep the cardiovascular system running smoothly.

Vitamin B1 (Thiamine) — The first B vitamin ever identified, thiamine helps your body convert food into usable energy and keeps the nervous system firing properly. It supports a calm gut, helps the body manage stress, and contributes to antioxidant defenses by promoting the production of glutathione, one of the body's key protective molecules.

Vitamin B2 (Riboflavin) — Riboflavin powers the recycling of glutathione — your cells' built-in cleanup crew — and helps keep iron metabolism on track. It also fuels the energy-producing pathways that active people depend on, and supports healthy homocysteine levels, which matters for heart and blood vessel health.

Vitamin B6 — A workhorse vitamin involved in over 100 chemical reactions in the body. B6 helps build the neurotransmitters serotonin, dopamine, and GABA that regulate mood and calm, supports the adrenal stress response, and is essential for making hemoglobin — the protein that carries oxygen in your red blood cells.

Vitamin B12 — Essential for healthy red blood cell formation and a sharp nervous system. B12 deficiency is one of the leading causes of a type of anemia where red blood cells grow too large to work properly. It also supports myelin — the protective coating around nerves — and helps keep homocysteine at healthy levels for bone and heart support.

Calcium — The most abundant mineral in the body, with over 99% stored in bones and teeth. Calcium is the primary building block of the skeleton and is critical for nerve signaling and muscle contraction. Adequate intake throughout life, especially alongside vitamin D3, helps maintain bone mineral density and supports peak bone mass.

 (888) 510-7196  service@caringsunshine.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

BUY THIS QUICKLY
Scan to shop this product

