



NATURE'S SUNSHINE

LOCLO

GOOD FOR

Digestive System

Colon (Large Intestine)

Small Intestine

SIZE **11 oz fiber**

ITEM # **1348**

SERVING **1 Tbsp**

SUPPLY **22 days**

DIRECTIONS FOR USE Add approximately 1 level tablespoon to 8 ounces of cold water, once daily. Shake or stir vigorously and drink immediately. Caution: Take with at least 250 mL (8 fl oz) of liquid. Do not take this product if you have difficulty swallowing. May cause allergic reaction in persons sensitive to inhaled or ingested Psyllium.

— How the Key Ingredients Work

LOCLO brings together a thoughtfully chosen blend of fibers, fruits, and botanicals that work together to keep your digestive system running smoothly, help you feel satisfied between meals, and support your overall wellness from the inside out. Each ingredient plays its own role, and together they create a formula that covers a lot of ground.

Psyllium — The star of the fiber world, psyllium forms a soft, soothing gel in your digestive tract that keeps things moving comfortably. Research backs it up for easing occasional abdominal discomfort, supporting healthy stools, and helping you feel fuller for longer after meals. It has also been studied for healthy blood pressure support.

Oat — Oat brings beta-glucan — a gentle, well-researched soluble fiber — to the blend. It helps slow digestion in a good way, so you feel satisfied longer and your body has more time to absorb nutrients steadily. Oats also deliver natural antioxidant compounds called avenanthramides that help protect your cells.

Acacia — Harvested as a natural gum from acacia trees, this ingredient is prized for its digestive friendliness. Studies show it can ease bloating, improve the quality of bowel movements, and help you feel fuller after eating. It has also been researched for its antioxidant properties and its role in supporting healthy blood pressure.

Flaxseed — Tiny but mighty, flaxseed brings both soluble and insoluble fiber to the table, along with plant-based omega-3s and natural lignans. It has been studied for relieving occasional constipation and abdominal discomfort, and its unique combination of nutrients also supports healthy circulation and antioxidant defense.

Apple — More than just a tasty addition, apple contributes pectin — a natural soluble fiber that slows digestion and helps you feel full. Human studies confirm that apple fiber supports healthy appetite, and apple's rich supply of polyphenols like quercetin and catechins helps your body defend itself against everyday oxidative stress.

Broccoli — Broccoli is packed with natural compounds that give your body's own defenses a real boost. Studies show it supports healthy antioxidant levels, and research has looked at its role in healthy blood sugar balance and blood pressure. It's a true nutritional powerhouse tucked right into this blend.

Turmeric — Used for centuries in Ayurvedic and traditional Chinese medicine, turmeric brings curcumin — its golden, well-studied active compound — to the formula. Research shows curcumin supports a comfortable digestive experience, helps ease occasional abdominal discomfort, and contributes meaningfully to the body's antioxidant defenses.

Beet — Beets are naturally rich in dietary nitrates, which the body converts into a compound that helps blood vessels relax and function well. Clinical studies confirm beet supports healthy blood pressure and circulation. It also delivers betalains — the pigments that give beets their deep color — which act as potent antioxidants.

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