



NATURE'S SUNSHINE

Chinese TCM Negative Pack

Organic

Non-GMO

GOOD FOR

Lungs

Blood

Kidneys

ITEM # 13344

SERVING 7

SUPPLY 30 days

DIRECTIONS FOR USE Take 1 capsule from each bottle daily for 30 days. Do this for three consecutive months.

— How the Key Ingredients Work

This carefully crafted TCM-inspired blend brings together time-honoured herbs, roots, and botanicals that have been used for centuries to support the body's natural balance. Each ingredient contributes its own strengths, working together to help you feel your best from the inside out.

Ginseng — One of the most celebrated herbs in traditional Chinese medicine, ginseng has been treasured for thousands of years as a whole-body tonic. It helps the body handle everyday stress, supports healthy energy levels, and contributes to antioxidant protection — with modern research backing its role in hormonal balance and heart health.

Reishi Mushroom — Known in China as the 'mushroom of immortality,' reishi has been used for millennia to support calm and resilience. Research suggests it may help ease feelings of anxiousness, support the body's natural defences, and provide antioxidant protection, making it a cornerstone of traditional wellness formulas.

Astragalus — A foundational herb in Chinese medicine, astragalus root is prized for its ability to support the immune system and help the body cope with fatigue. Studies have explored its role in supporting heart health, healthy blood, and antioxidant defence, and it has a long history of use for seasonal respiratory wellness.

Chinese Salvia Root — Known in TCM as Danshen, Chinese salvia root is one of the most widely studied herbs for heart and circulatory health. It has been used traditionally to support healthy blood flow and arterial function, and research points to its potent antioxidant compounds as key contributors to its protective qualities.

Turmeric — Turmeric's golden pigment, curcumin, is one of nature's best-studied antioxidants. Clinical research shows it helps the body maintain a healthy inflammatory response, supports digestive comfort, and contributes to overall antioxidant capacity — making it a versatile addition to any wellness routine.

Dong Quai Root — Often called 'female ginseng' in TCM, dong quai root has been used for over 2,000 years to support women's wellness. Traditionally valued for helping maintain regular cycles and easing the transition through menopause, it remains a cherished herb in Chinese herbal formulas for hormonal balance and blood nourishment.

Horny Goat Weed — Used in traditional Chinese medicine for more than 2,000 years, horny goat weed is best known for supporting male vitality and reproductive health. Its active compound icariin has been studied for its role in supporting healthy testosterone activity and bone strength, particularly in ageing adults.

Licorice Root — Licorice root is far more than a flavouring — it has a rich history in both Eastern and Western herbal traditions. It helps support a comfortable digestive experience, contributes to gut lining integrity, and has been studied in clinical trials for its role in easing heartburn and abdominal discomfort.

Peony — White peony root is a cornerstone of Chinese herbal medicine, valued for its ability to support a healthy inflammatory response and immune balance. Its active compounds have been clinically studied in China for joint comfort and autoimmune support, and preclinical research highlights its antioxidant and blood-sugar-balancing properties.

 (888) 510-7196  service@caringsunshine.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.