



NATURE'S SUNSHINE

Skin Detox (Ayurvedic)

GOOD FOR

Hair, Skin & Nails (Integumentary)

Liver

Lymphatic System

SIZE **100 Capsules**

ITEM # **1299**

SERVING **2**

SUPPLY **16 days**

DIRECTIONS FOR USE Take 2 capsules with a meal three times daily. For best results use with BP-X (Blood Purifier Formula) and Hand and Body Lotion.

— How the Key Ingredients Work

Skin Detox brings together a time-honored collection of Ayurvedic botanicals that work from the inside out — supporting your liver, lymphatic system, and skin all at once. Each herb plays its own role in helping your body clear away what it doesn't need and keep your complexion looking its best.

Turmeric — One of nature's most celebrated golden spices, turmeric is packed with curcumin — a powerful plant compound that helps calm everyday irritation in the body and fights the free radicals that can make skin look dull and aged. It has been studied in multiple human trials for its antioxidant and skin-supportive benefits.

Indian Gooseberry (Amla) — Amla is considered one of the most antioxidant-rich fruits on the planet. Human studies show it helps reduce oxidative stress markers in the body, which is exactly the kind of internal wear-and-tear that shows up on your skin over time. A cornerstone of Ayurvedic wellness for centuries.

Myrobalan (Haritaki) — This revered Ayurvedic fruit is loaded with natural tannins that are potent free-radical scavengers — in lab studies they outperformed vitamin E. A clinical skin study confirmed its antioxidant benefits, and traditional Ayurveda has long valued it as a whole-body purifying herb.

Belleric Myrobalan — The second member of the classic Ayurvedic trio, belleric myrobalan brings a rich polyphenol profile including gallic and ellagic acid. Lab studies show impressive antioxidant activity, and it has traditionally been used to support respiratory and digestive wellness alongside its cleansing role.

Rubia cordifolia (Manjistha) — Manjistha is one of Ayurveda's most prized herbs for the skin and lymphatic system. Lab studies show it can inhibit acne-causing bacteria and help neutralize the free radicals linked to skin inflammation. It has also been studied for supporting healthy circulation, which keeps nutrients flowing to the skin.

Indian Tinospora (Guduchi) — Known in Sanskrit as 'the one that protects the whole body,' guduchi is a well-researched Ayurvedic vine. It has demonstrated antioxidant activity in multiple studies, helping the body's own defense systems work better. A double-blind human trial also found it provided meaningful relief from allergy-related symptoms.

Dandelion — Far more than a garden weed, dandelion leaves and roots are rich in plant compounds with well-documented antioxidant activity. A published human study confirmed dandelion leaf extract has a meaningful diuretic effect, which supports the body's natural process of flushing out what it doesn't need — a key part of any cleanse.

Picrorhiza kurroa (Kutki) — A prized bitter root from the Himalayas, kutki has been used for generations in Ayurvedic practice to support the liver. Research confirms its extracts have significant free-radical scavenging ability, and it has been studied in multiple human clinical trials. Traditional Himalayan communities have long relied on it for metabolic and liver support.

 (888) 510-7196  service@caringsunshine.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

BUY THIS QUICKLY
Scan to shop this product

