



NATURE'S SUNSHINE

Thyroid Support

GOOD FOR

Thyroid Gland

Endocrine System

Nervous System

SIZE **60 Capsules**

ITEM # **1228**

SERVING **1**

SUPPLY **30 days**

DIRECTIONS FOR USE Take 1 capsule with a meal twice daily.

— How the Key Ingredients Work

Thyroid Support brings together a carefully chosen blend of nutrients, amino acids, and botanical extracts that work together to help your body maintain healthy thyroid function, steady energy, and balanced wellbeing. Each ingredient plays its own role in keeping your system running smoothly — from the minerals your thyroid relies on every day to the herbs that have been trusted for generations.

L-Tyrosine — Your thyroid actually uses tyrosine as a building block to make its hormones, so having enough of this amino acid matters. Beyond the thyroid, tyrosine also helps your body produce the feel-good brain chemicals that keep you alert and motivated, making it a cornerstone of this formula.

Zinc — Zinc is an essential mineral that plays a quiet but important role in thyroid hormone production and overall hormonal balance. It also acts as a natural antioxidant partner, helping protect your cells from everyday wear and tear, and supports a healthy immune response throughout the body.

Vitamin B6 — Think of vitamin B6 as a helper that keeps dozens of your body's processes on track. It supports the production of calming and energizing brain chemicals alike, helps your body manage stress more gracefully, and works alongside other nutrients in this formula to keep your metabolism humming along.

Copper — Copper teams up with zinc in the body and is needed for healthy red blood cells, strong connective tissue, and antioxidant protection. It helps your body use iron properly and supports the structural health of tissues throughout the body — a small but mighty trace mineral your system genuinely needs.

Manganese — Manganese is a trace mineral that serves as a key part of one of your body's most important built-in antioxidant systems, particularly inside your cells' energy-producing centers. It also plays a role in healthy bone structure and helps your body regulate blood sugar, making it a well-rounded addition to this blend.

Pituitary Substance — Derived from bovine pituitary glands, this traditional glandular ingredient has been used in natural-health protocols for generations. The pituitary gland sits at the top of the hormonal chain of command, signaling other glands — including the thyroid — to do their jobs, and glandular therapy traditions have long valued this type of support.

Gentian — Gentian root is a classic bitter herb with a long history of use in European herbal traditions. It is best known for supporting healthy digestion and appetite, helping your stomach and gut work comfortably. Good digestion means your body can actually absorb all the nutrients in this formula, making gentian a smart supporting player.

Catalpol — Catalpol is a natural plant compound found in *Rehmannia glutinosa*, an herb with deep roots in traditional East Asian wellness practices. It is valued for its antioxidant properties and has been studied for its potential to support healthy cellular function, adding a botanical dimension to this formula's protective approach.

 (888) 510-7196  service@caringsunshine.com

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