



NATURE'S SUNSHINE

CLT-X

GOOD FOR

Digestive System

Stomach

Small Intestine

SIZE **100 Capsules**

ITEM # **1207**

SERVING **2**

SUPPLY **16 days**

DIRECTIONS FOR USE Take 2 capsules with a meal three times daily.

— How the Key Ingredients Work

CLT-X brings together a thoughtfully chosen blend of time-honored botanicals, each selected to support a different piece of your overall wellness picture — from digestive ease and antioxidant protection to hormonal balance and respiratory comfort. Together these ingredients work as a team, addressing multiple body systems so you can feel your best day to day.

Slippery Elm Bark — Named for the silky, soothing texture of its inner bark, slippery elm has been trusted for generations to calm an unhappy digestive tract. It helps ease abdominal discomfort and bloating, and its natural plant fibers act as a gentle prebiotic — feeding the friendly bacteria your gut relies on every day.

Marshmallow Root — Marshmallow root lives up to its healing name. Its naturally rich, mucilage-like compounds coat and soothe the lining of the stomach and digestive tract, helping to ease mild gastric irritation and abdominal discomfort. Germany's Commission E has recognized marshmallow root for supporting a calm, comfortable stomach.

Ginger — One of the world's most beloved wellness roots, ginger has been used for over 2,500 years to settle the stomach and support healthy digestion. It helps food move through the digestive system more comfortably, eases bloating and abdominal discomfort, and brings well-documented antioxidant support to the whole body.

Dong Quai Root — Known in Traditional Chinese Medicine as 'female ginseng,' dong quai root has been used for more than 2,000 years as a foundational tonic for women's wellness. It is traditionally valued for supporting a regular menstrual cycle, easing perimenopausal and menopausal discomfort, and helping the body navigate hormonal transitions with greater ease.

Wild Yam — Wild yam has a long history of traditional use for supporting hormonal and digestive comfort. Its naturally occurring plant compounds have shown antioxidant activity in human studies, and preclinical research points to anti-inflammatory properties. It is also traditionally associated with supporting healthy cholesterol balance and overall metabolic wellness.

Lobelia — Lobelia, sometimes called Indian tobacco, is a fascinating botanical with a wide range of traditional applications. Historically used by Eclectic physicians for respiratory support and topical comfort, it has also been studied in modern research for its potential role in supporting mood, focus, and healthy cravings management — making it a uniquely versatile addition to this formula.

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