



NATURE'S SUNSHINE

Ultimate GreenZone

Non-GMO

GOOD FOR

Digestive System

Immune System

Colon (Large Intestine)

SIZE **180 Capsules**

ITEM # **1104**

SERVING **4**

SUPPLY **15 days**

DIRECTIONS FOR USE Take 4 capsules three times daily with a meal.

— How the Key Ingredients Work

Ultimate GreenZone brings together a carefully chosen lineup of greens, seeds, algae, and plant extracts — each one chosen because real research backs what it does for your body. Together they cover your bases from energy and digestion to antioxidant protection and everyday vitality.

Spirulina — This tiny blue-green algae packs a serious nutritional punch. Rich in iron, B vitamins, and a natural blue pigment called phycocyanin, spirulina has been shown in clinical studies to support healthy red blood cell levels, help the body defend against oxidative stress, and even help curb appetite in overweight adults.

Chlorella — A bright-green single-celled algae loaded with iron, folate, and vitamin B12, chlorella has been shown in human studies to raise the body's own antioxidant defenses — including key protective enzymes — while also supporting healthy blood pressure. Research in pregnant women found it helped reduce the incidence of anemia.

Broccoli — Broccoli brings a naturally occurring compound called sulforaphane that helps the body fire up its own internal antioxidant system. Multiple clinical trials show broccoli sprout extract can meaningfully support healthy blood sugar levels and blood pressure, making it one of the hardest-working vegetables in this blend.

Kale — One of nature's most nutrient-dense leaves, kale delivers vitamins C, E, and K alongside carotenoids and flavonoids like quercetin. Its vitamin K content helps keep normal, healthy blood clotting on track, while its antioxidants and potassium content support healthy blood pressure and overall cardiovascular wellness.

Spinach — Spinach contributes both iron and folate — two nutrients your body needs to make healthy red blood cells. Its natural nitrate content is converted in the body to a compound that helps relax and widen blood vessels, supporting healthy blood pressure. Thylakoids from spinach have also been shown to promote feelings of fullness.

Beet — Beetroot is naturally rich in dietary nitrates that the body converts into nitric oxide, a molecule that helps blood vessels relax and blood flow more freely. Clinical studies confirm beetroot juice can lower systolic blood pressure by several points and improve endurance, making it a great fit for active lifestyles.

Amaranth — This ancient pseudocereal is a standout source of iron and antioxidant compounds including rutin, carotenoids, and tocopherols. Studies show regular amaranth consumption can raise hemoglobin levels and reduce anemia prevalence. Proteins in amaranth also produce compounds during digestion that have shown blood-pressure-supporting effects in research.

Quinoa — Quinoa is a complete protein seed that also delivers iron, folate, magnesium, and potassium — a combination that supports healthy red blood cells and blood pressure. A year-long clinical trial found quinoa significantly reduced both systolic and diastolic blood pressure, and its fiber and protein content help promote lasting satiety.

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