



NATURE'S SUNSHINE

TS-II (With Hops)

Kosher

Organic

Non-GMO

GOOD FOR

Endocrine System

Thyroid Gland

SIZE **100 Capsules**

ITEM # **1092**

SERVING **2**

SUPPLY **25 days**

DIRECTIONS FOR USE Take 2 capsules with a meal twice daily.

— How the Key Ingredients Work

TS-II with Hops brings together a carefully chosen blend of sea-sourced superfoods, time-honored herbs, and botanical extracts — each one chosen to help your body stay balanced, energized, and resilient. Together they work to support healthy circulation, antioxidant protection, appetite balance, and everyday vitality.

Kelp — Harvested from nutrient-rich coastal waters, kelp is a natural source of vitamins, minerals, and beneficial fiber. It helps support healthy blood pressure, may help your body feel fuller between meals, and brings powerful antioxidant compounds that help protect your cells from everyday wear and tear.

Spirulina — This remarkable blue-green algae is packed with iron, B vitamins, and a vivid pigment called phycocyanin that acts as a strong free-radical fighter. Studies show it can help support healthy red blood cell levels, ease seasonal allergy discomfort, and help curb appetite — making it one of the most well-researched superfoods available.

Hops — Best known for giving beer its distinctive flavor, hops is far more than a brewing ingredient. Its natural bitter compounds help signal fullness to the body, while its rich antioxidant content — including the potent compound xanthohumol — helps defend cells against oxidative stress. Emerging research also points to its role in supporting healthy blood sugar balance and bone strength.

Parsley — Far more than a garnish, parsley is one of nature's richest herbal sources of antioxidant flavonoids. It supports healthy circulation by helping to keep homocysteine levels in check, which in turn helps protect arterial walls. It also has a long traditional history of use for supporting healthy blood pressure and normal blood flow.

Capsicum — The active compound in hot peppers — capsaicin — does a lot more than add heat. It helps stimulate the body's natural calorie-burning process, supports healthy appetite levels by encouraging feelings of fullness, and activates the body's own antioxidant defenses. It has also been studied for its ability to ease occasional stomach discomfort when taken in capsule form.

Kelp (Antioxidant Role) — Kelp's unique mix of natural pigments, polyphenols, and vitamins C and E work together to help neutralize harmful free radicals in the body. This antioxidant support helps protect your cells from the kind of daily oxidative stress that can accumulate over time and affect how you feel and function.

Spirulina (Allergy & Immune Support) — Spirulina has been shown in clinical research to help calm the immune system's overreaction to allergens, particularly for people dealing with seasonal nasal allergies. By helping to reduce the release of histamine and supporting a more balanced immune response, it may help you breathe easier and feel more comfortable during allergy season.

Hops (Bone & Hormonal Balance) — A naturally occurring compound in hops called 8-prenylnaringenin interacts with estrogen receptors in the body and has shown promise in preclinical research for helping to protect bone density — particularly relevant during and after menopause. Clinical investigation into these bone-supportive effects is ongoing.

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