



NATURE'S SUNSHINE

Liver Cleanse Formula

GOOD FOR

Liver

Digestive System

Gallbladder

SIZE **100 Capsules**

ITEM # **1010**

SERVING **1**

SUPPLY **33 days**

DIRECTIONS FOR USE Take 1 capsule with a meal three times daily.

— How the Key Ingredients Work

Liver Cleanse Formula brings together eleven time-honored botanicals that work together to help your body's natural detox pathways, support healthy digestion, and protect your cells from everyday stress. Each ingredient was chosen for the specific role it plays in keeping you feeling clean, balanced, and energized.

Beet — Beet is one of nature's most colorful supporters of healthy blood and circulation. It's packed with natural compounds that help protect your cells from oxidative stress, and research shows it can help support healthy blood pressure and keep your arteries flexible. Beet also provides iron and folate to help your body make healthy red blood cells.

Dandelion — Far more than a backyard weed, dandelion has a long history as a liver and digestive tonic. Its leaves and roots are rich in antioxidants that help shield your organs from oxidative damage. Dandelion also acts as a gentle natural diuretic and provides potassium, supporting healthy fluid balance and vascular wellness.

Parsley — Parsley is one of the most antioxidant-rich herbs you can find, loaded with flavonoids that help neutralize free radicals throughout the body. It supports healthy arteries by helping keep homocysteine levels in check, and research shows it may help support healthy blood pressure and normal blood flow through its natural compounds.

Horsetail — Horsetail is the plant world's richest source of natural silica, a mineral your body uses to build and maintain connective tissue, including the tissue that supports your liver and other organs. It also delivers a broad range of antioxidant flavonoids and has a traditional place in European herbal medicine for supporting the body during inflammation.

Yellow Root — Yellow Root contains berberine, a well-researched natural compound with a strong track record for supporting healthy blood sugar levels and helping the body manage inflammation. Studies show berberine can help reduce markers of inflammation in the body, and Yellow Root has a long tradition of use as a cleansing and tonic herb in folk medicine.

Blessed Thistle — Blessed Thistle earned its name through centuries of use as a healing bitter herb. Germany's Commission E has approved it for supporting healthy digestion and appetite. Its natural bitter compounds help stimulate digestive secretions and bile flow, making it a classic companion herb for liver and digestive support formulas. It also provides antioxidant flavonoids.

Celery — Celery seed is more than a kitchen staple — it contains a unique natural compound called 3-n-butylphthalide that helps relax blood vessel walls and support healthy blood pressure. Clinical research confirms celery seed extract can meaningfully reduce both systolic and diastolic blood pressure. It also delivers antioxidant compounds that help protect the cardiovascular system.

Chamomile — Chamomile is one of the world's most beloved calming herbs, and for good reason. It has solid clinical evidence for easing digestive discomfort, including bloating and abdominal cramping. Its primary flavonoid, apigenin, has well-documented antioxidant and calming properties, and chamomile tea has been shown in an RCT to meaningfully improve the body's overall antioxidant capacity.

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