



NATURE'S SUNSHINE

Blood Stimulator TCM

GOOD FOR

Blood

Cardiovascular system

Liver

SIZE **30 Capsules**

ITEM # **1005**

SERVING **1**

SUPPLY **30 days**

DIRECTIONS FOR USE Take 1 capsule with a meal daily.

— How the Key Ingredients Work

Blood Stimulator TCM brings together a carefully chosen group of time-honored herbs drawn from Traditional Chinese Medicine, each selected to support healthy circulation, natural energy, and whole-body balance. Together they form a synergistic formula that helps your body maintain strong, well-nourished blood and a resilient, well-defended system.

Chinese Salvia Root (Danshen) — One of TCM's most celebrated herbs for the heart and circulation, Chinese salvia root has been studied in multiple clinical trials for its ability to support healthy blood flow and arterial wellness. It also contains some of nature's most potent antioxidant compounds, helping protect cells from everyday oxidative wear and tear.

Dong Quai Root — Often called 'female ginseng,' dong quai root has been used for over 2,000 years in TCM as a classic blood-nourishing tonic. It is especially treasured in traditional formulas for supporting women's wellness, healthy menstrual cycles, and hormonal comfort during perimenopause and menopause.

Szechuan Lovage — This aromatic root is a cornerstone of TCM blood-moving formulas. Szechuan lovage has been studied for its ability to support healthy circulation and arterial function, and its active compounds show strong antioxidant activity. Traditional practitioners have long paired it with dong quai to nourish and move the blood together.

Astragalus — A beloved adaptogenic root in TCM, astragalus is used to build vital energy and strengthen the body's natural defenses. Clinical research supports its role in supporting healthy blood production, and its antioxidant compounds help protect the body from oxidative stress across multiple organ systems.

Rehmannia Glutinosa — Known in TCM as Di Huang, rehmannia root is considered one of the foundational blood-tonifying herbs. Research shows its active compounds support healthy blood sugar levels already in the normal range, help maintain bone density, and provide meaningful antioxidant protection throughout the body.

Reishi Mushroom — Revered for millennia as the 'mushroom of immortality,' reishi supports the immune system and helps the body adapt to everyday stress. Studies suggest it may help ease feelings of anxiety-related fatigue and support a calm, balanced mood, while its antioxidant activity helps defend cells against free radical damage.

Peony — White peony root is a classic TCM herb for nourishing the blood and calming the body. Its active compounds have been studied for immune-balancing effects and are used in traditional formulas for joint comfort and overall inflammatory balance. It also provides meaningful antioxidant support at the cellular level.

Boxthorn (Wolfberry) — The bright red berries of the boxthorn plant — better known as goji berries — are among the most studied natural antioxidant foods in the world. Research shows their polysaccharides help support healthy blood sugar and cholesterol levels already within normal ranges, while also helping the body manage everyday inflammation.

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